



**EG on SIHLWA
Fifth Meeting
Oslo, Norway
06-07 March 2008**

Reference	SIHLWA 5/2/Info 3
Title	Fact-sheet on SIHLWA EG (1+4 pages)
Submitted by	SIHLWA Coordinating Chairman
Summary / Note	The fact-sheet was prepared for the www.NDPHS.org web-site. together with other Expert-group information. This is an elaborated SIHLWA version with charts and pictures (1+4 pages)
Requested action	For information

<p>NORTHERN DIMENSION PARTNERSHIP IN PUBLIC HEALTH AND SOCIAL WELL-Being (NDPHS)</p> <p>EXPERT GROUP ON SOCIAL INCLUSION, HEALTHY LIFESTYLES & WORK ABILITY (“SIHLWA”)</p> <p>[more information on SIHLWA available on www.ndphs.org/SIHLWA]</p>	 <p>Northern Dimension Partnership in Public Health and Social Well-being www.ndphs.org</p>
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<p>Coordinating SIHLWA Chairperson Dr Mikko Vienonen, m.vienonen@kolumbus.fi, GSM +358-50-442 1877</p> <p>1) Sub-group on adolescent health and socially-rewarding lifestyles (ADO) Chairperson: Dr Mikko Vienonen (see above) Co-chairperson: Ms. Daiva Zeromskiene; daiva.zeromskiene@takas.lt, Tel. + 370 5 236 0493</p> <p>2) Sub group on alcohol (ALC) Chairperson: Mr. Kari Paaso, kari.paaso@stm.fi, GSM: +358-50-565 837 Co-chairperson: Dr. Evgeny Krupitsky, kru@ek3506.spb.edu, GSM: +7-901-300 5811</p> <p>3) Subgroup on occupational health and safety (OSH) Chairperson: Mr. Wiking Husberg, husberg@ilo.org, Tel: +7-495-933 0827 Co-chairperson: Dr. Remigijus Jankauskas, jank@dmc.lt</p>	<p>SIHLWA Coordinating Chair</p>  <p>Mikko Vienonen</p>
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<p>SIHLWA’s “Lead Partner” Ministry of Social Affairs & Health, FINLAND Focal point: Olli Kuukasjärvi, Ministerial Adviser olli.kuukasjarvi@stm.fi, Tel: +358 9 160 73168</p>	<p>SIHLWA’s “Co-Lead Partner” Ministry of Health, LITHUANIA Focal point: Ms Virginija Ambrazevičiene, Chief Officer virginija.ambrazeviciene@sam.lt, Tel: +370 526 047 19</p>
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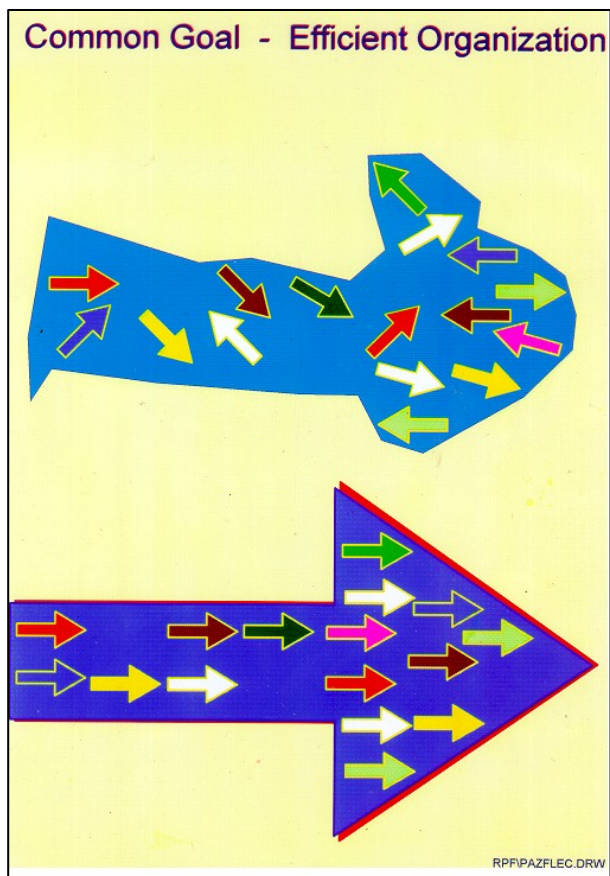
Within the Northern Dimension area – in all our countries without exception – we have significant problems in health and well-being leading to disease, disability and too early death, which to a great extent would be preventable. The loss of human capital – life and health – is mainly accountable to unhealthy lifestyles such as abuse of alcohol and drugs, smoking, accidents and violence, unhealthy diet and lack of physical activity. Thus very logically, one of the main priorities of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS) is to enhance and promote healthy and socially rewarding lifestyles. The building of public policies in all relevant sectors needs to take place at all levels of society. The creation of supportive physical and social environments should include the continued reorientation of health systems and social care systems.

The main role of the EG on SIHLWA (established in November 2005) is to assist in co-ordinating and further developing action towards preventing harmful and dangerous use of alcohol, promoting young peoples’ healthy lifestyles, and enhancing occupational safety and health.

Consistent with its Terms of Reference, the EG on SIHLWA plans to undertake the following activities:

- Conduct ongoing reviews of projects/programmes and activities in Partnership Countries.
- In selected cases, act as a technical referee for new project proposals, project identification, planning, implementation and monitoring. This includes making recommendations on project proposals and implementation, as well as assisting in planning.
- Monitor and evaluate the results of projects and activities implemented under the Partnership initiative, in order to ensure that financing is allocated in a way that achieves maximum results.
- Provide the Partnership website/database with information concerning the Expert Group’s work and updated thematic papers on non-communicable disease situation, progress and “best

practices” in Partnership countries.



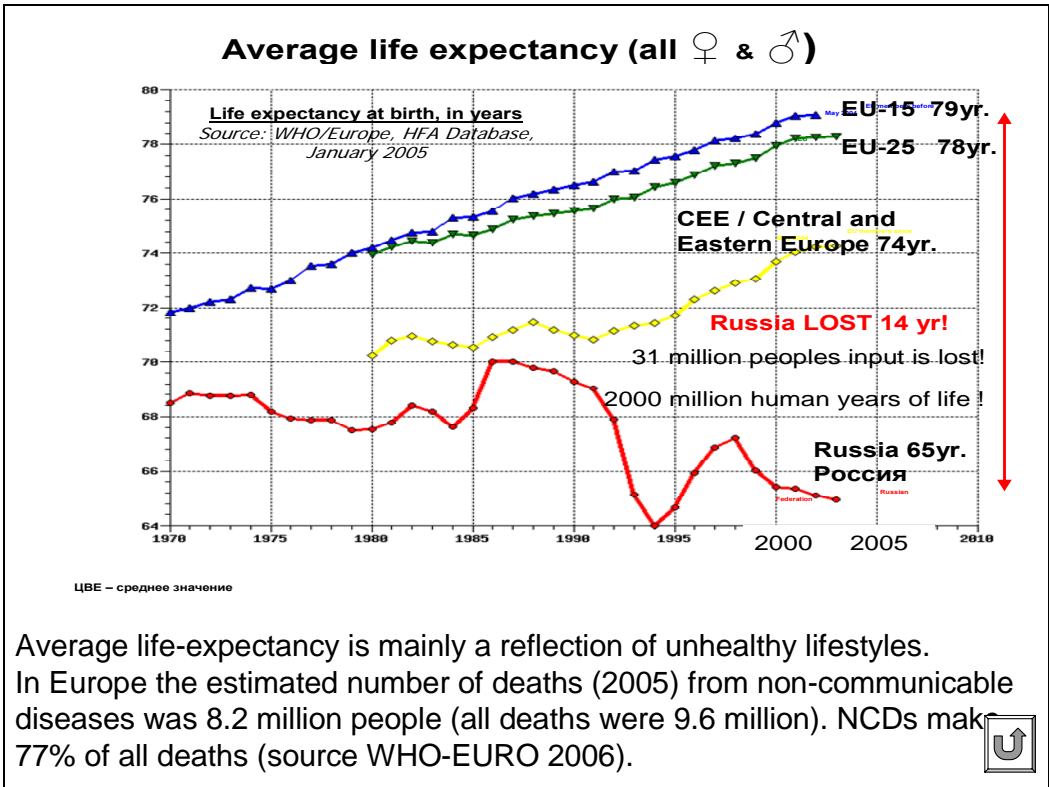
SIHLWA aims to bring more coherence and focus on information and action facilitating healthy lifestyles. For this purpose, the reports of SIHLWA meetings are well documented and available on the www.ndphs.org/SIHLWA or www.ndphs.org/Meetings. Especially the well prepared power-point presentations on timely issues provide a valuable and easily accessible source for information.

It is worthwhile to retrieve information from:

- 1) CBSS/ Council of Baltic Sea States (Swedish Chairmanship) Conference on alcohol problems, Riga 12-13 March 2007 (cosponsored by SIHLWA): www.ndphs.org/Meetings.
- 2) EUPHA (European Public Health Association) conference 12 October 2007: Workshop on NDPHS (cosponsored by SIHLWA): www.ndphs.org/meetings.
- 3) NCM/ Nordic Council of Ministers (Finnish Chairmanship) Conference on promotion of healthy lifestyles, work ability, and social inclusion, St Petersburg 11-12 December 2007 (cosponsored by SIHLWA): www.ndphs.org/Meetings.

UPCOMING SIHLWA ACTIVITIES IN 2008:

- To prepare a **SIHLWA stakeholder analysis** in Leningrad Oblast, Murmansk, St. Petersburg and Republic of Karelia. Exploring for expanding the stakeholder analysis in other Russian regions and other countries, such as Baltic States, Nordic countries and Poland.
- **Potential Years of Life Lost (“PYLL”)** assessment in selected NW Russian regions (Karelia, Vologda?).
- **2008 “Wild Card”**: Reviewing possibilities to implement **“Life at Stake” popular TV-show** on a Russian TV-channel in 2008. You try to change your predicted day of death by changing your lifestyle!
- Developing a **project on “disseminating brief intervention to tackle alcohol dependency by health services”** in selected NDPHS Partner Countries.
- Preparation of a meeting in 2008 on “Impact of international trade agreements and EU internal market legislation on national alcohol, public health and social policies”.
- Continuing 2nd phase of **“occupational safety and health (OSH) in north-western Russia”** (2007-08).
- The SIHLWA OSH sub-group is preparing a project proposal on the development of **OSH in the public transport sector in the Baltic Countries**.
- Organizing two SIHLWA Expert Group regular meetings in February and September 2008.
- **Thematic reports** on adolescent health, alcohol, and occupational safety & health for NDPHS data-base project.



Leading NCD conditions in Europe

Disease	Disease burden (DALYs)	Deaths
Cardiovascular diseases	23%	52%
Neuropsychiatric disorders	20%	3%
Cancer	11%	19%
Digestive diseases	5%	4%
Respiratory diseases	4%	4%
Diabetes mellitus	1%	1%
Musculoskeletal diseases	4%	0%
Sense organ disorders	4%	0%
Other NCDs	5%	2%
Total	77%	86%

Source WHO-EURO 2005

NCDs make up about 80% of disease burden in our countries. Most of this is lifestyle related and preventable!

SIHLWA-4 meeting in Helsinki 2007



SIHLWA-3rd meeting in Vilnius 2006

