



Federal Ministry
of Health



AGEFLAG POLICY LAB

September 8th – 9th 2021, 9am – 13.00pm (CEST) via Zoom

AGENDA

Wednesday, September 8th, 2021

- 08:45 – 09:00** Join Zoom meeting
- 09:00 – 09:45** Introduction
- 09:45 – 10:45** DISCOVER: mapping problems
- 10:45 – 11:30** Break
- 11:30 – 12:30** DEFINE: prioritising problems
- 12:30 – 13:00** Share and reflect

Thursday, September 9th, 2021

- 08:45 – 09:00** Join Zoom meeting
- 09:00 – 09:15** Introduction
- 09:15 – 10:30** DEVELOP: brainstorming actions
- 10:30 – 11:15** Break
- 11:15 – 12:15** DELIVER: prioritizing actions
- 12:15 – 13:00** Share and reflect

INSTRUCTIONS FOR JOINING THE WORKSHOP

Please **join the meeting 15 minutes before (8:45am CET)** so we can test audio and video connection with each participant.

Active participation is expected from everyone in the workshop. To be able to engage fully, **everybody should use a desktop or laptop computer**, not a smartphone or tablet. Participants are expected to **always share their video with others** if possible. Please check your audio and video connection before the workshop.

Participants are expected to know how to **use some of the basic features of Zoom**: how to share screen, how to write or draw on a whiteboard (Miro), how to download and upload files, how to vote on a poll. Short explanations on how to use these are given at the beginning of each task.

The workshop is moderated by Praxis Think Tank. The working language of the workshop is **English**.

BACKGROUND INFORMATION

THE NEED

Ambitious aims often require joint effort. Older adults in different countries face different challenges and needs, however there are also some common issues that could be addressed and solved more efficiently with international cooperation.

The overall need in the current situation for the partnering countries is:

- To get an overview of the variety of needs that older adults face in different countries.
- To identify what is the common need that could be solved together.
- To decide what are concrete actions that countries can take to address the common need.

AIM & RESULTS

The overall aim of the AgeFLAG initiative is to contribute to the wellbeing and health of older adults and therefore make the societies in the Northern Dimension area more inclusive. The joint workshop, named Policy Lab is intended to bring together regional experts from the field of ageing to discuss joint activities that could be implemented by the NDPHS in the future. By using collaborative methods, **outcomes of the Policy Lab will be used to develop a regional roadmap** to guide the NDPHS activities in the field of active and healthy ageing.

The roadmap and its activities are designed to help decision-makers plan meaningful activities that could have higher chances of impact or return on investment. This is achieved through deciding on the most opportune **intervention points to benefit the older adults in the region**. By specifying concrete actions that should be taken, who is responsible and when, the roadmap enables practical outcomes and input for real policy change (for example, by drawing up a joint advocacy plan).

BACKGROUND & INPUT

During 2020 national seminars were organized and five priorities were identified as the most important development needs for each country. Based on these national needs, **four regional priority areas for further action to improve health and wellbeing of the ageing population** were distinguished in a joint report. These areas are:

- Healthy ageing, wellbeing, social environment, and social connections
- Health, social and integrated care
- Education, knowledge, and life-long learning
- Labour participation

In February 2021 the first AgeFlag Policy Lab was held, where participants chose “Healthy ageing, wellbeing, social environment, and social connections” as the priority area to focus on. As an outcome of the seminar, a list of possible joint activities was proposed to be carried out in the upcoming (three) years. This offers as a background information and input for the second Policy Lab workshop (see attachment).

The aim of the second AgeFlag Policy Lab is to **focus on the three remaining priority areas**: understand the underlying problems, set joint goals, and prioritize activities that are necessary to carry out to achieve these goals.