



National Medical Research Centre
for Therapy and Preventive Medicine
of the Ministry of Health of the Russian Federation

NDPHS Flagship Project on Aging: Russian Participation

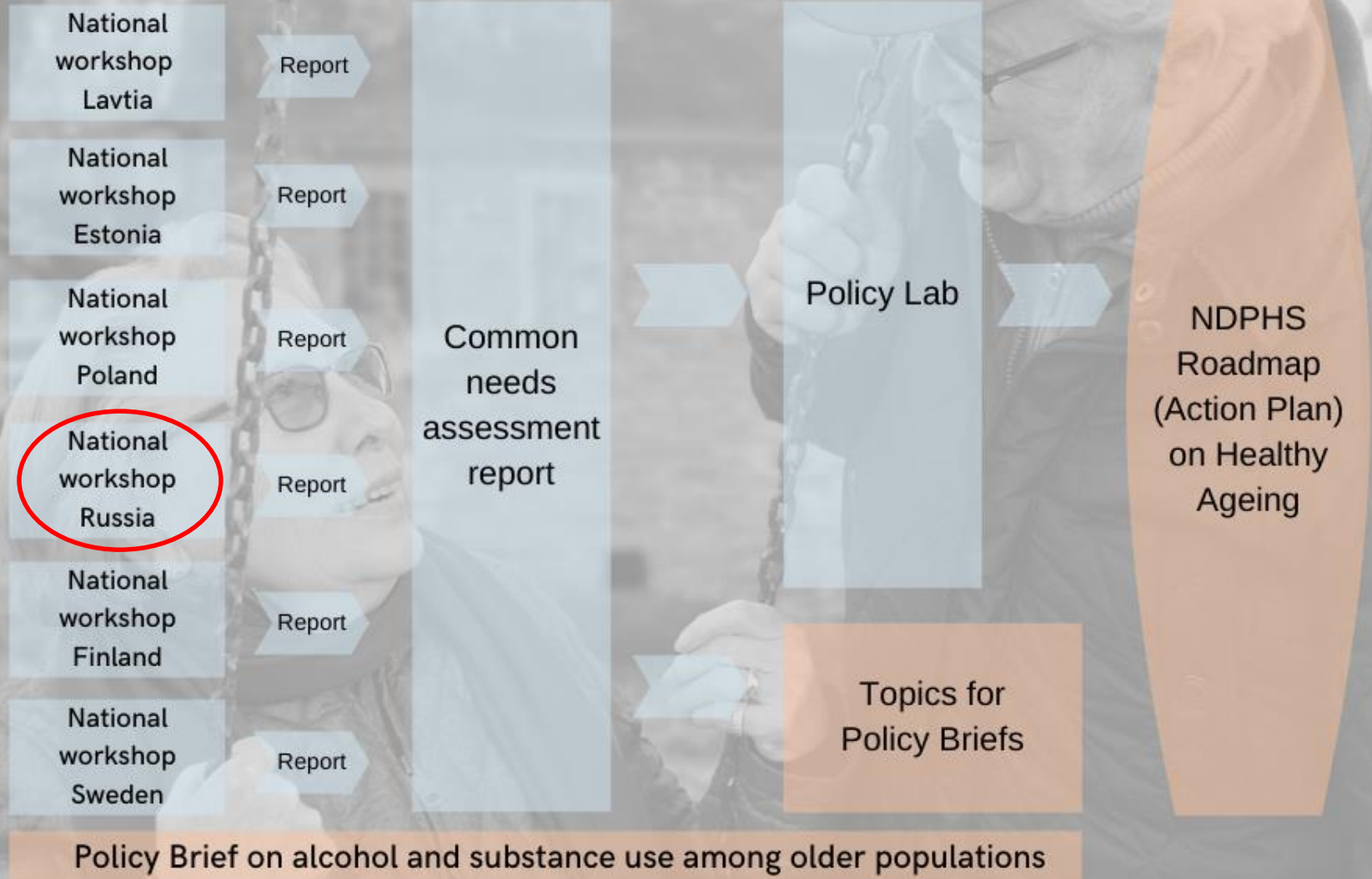
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NCD EG 19th(9) Online Meeting, 23-24th of March, 2020
Moscow, Russian Federation

AgeFLAG Project

AgeFLAG Project Steering Group

NDPHS Taskforce on Healthy Ageing



National Workshop on Needs Assessment in Health and Social Wellbeing among older populations in Russia, Moscow 11 March, 2020

- Current situation and trends in the field of health and well-being of the aging population of Russia.
- The results of a survey of elderly and older people on major problems.
- Brief information about the AgeFLAG project.
- Discussion and definition of problems in the field of health and well-being of the aging population of Russia.
- Work in groups to identify priority needs in the field of health and well-being.
- Discussion and identification of 5 priority needs in the field of health and well-being of the aging population of Russia.



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Partnership in Public Health
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ИНФОРМАТИЗАЦИИ ЗДРАВООХРАНЕНИЯ МЗ РФ



Focus of the workshop

- Target population: women of 55+ and men 60+
- Prevention and support in question of health + social wellbeing for the target population

Terminology discussions

- Healthy ageing
- Older population



Different variants of translation and variants of the terms in Russian language

- **Problem** - difficult situations causing a person to have a need.
- **Need** - a specific form of a demand, corresponding to the cultural level, personality, as well as the specifics of a person's situation.
- **Needs assessment** - the process of identifying, prioritizing and analyzing problems, allowing to determine the needs of a group.

Problems of older population

Low awareness

Low digital literacy

Lack of information

Medication availability

Cost of medications

Poor communication with healthcare providers

Limited doctor's time for older patients

diseases

feeling of uselessness

substance abuse

Poverty

ageism

Loneliness

disrespect of older people by society

Lack of social contacts


Lack of social support

Lack of mental health support

Low social adaptation

Bad health

Preliminary list of 5 needs



Questions of health: physical and mental

Health literacy

Social adaptation

Labor and social activity

Personnel training

personal HL
competences

fit
of HL competences
to HL demands

situational HL
demands and support



(Parker, 2009)

Improve individual/
population HL
by offers for personal
learning (education,
training)

Compensate for HL
deficits of
disadvantaged
groups by specific
compensatory
measures

Improve **organizational HL** by
reducing situational demands &
offering specific institutional
support > develop **health literate
settings**



THANK YOU FOR YOUR ATTENTION