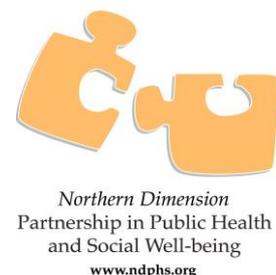


**NCD EG
19th(9) On-line Meeting
23-24th of March, 2020
Moscow, Russian Federation**



Title	Minutes of the 19th (9) NCD EG Meeting
Submitted by	NCD EG Chair Office
Summary / Note	This document outlines the main discussion points and decisions made during the 19th (9) NCD EG Meeting. All speeches, presentations with notes, questions, comments, suggestions, additions were circulated via email within the Meeting participants at indicated time-frames
Requested action	Adopted

23th of March, 2020

Part 1. Opening, introduction of participants, welcome addresses and invited speaker presentations

Opening of the meeting and welcome

The meeting was chaired by the NCD EG Vice-Chair, Dr. Galina Maslennikova, who welcomed the participants at the 19th(9) NCD EG Meeting, that was conducted in online format. She explained that all speeches, presentations with notes, questions, comments, suggestions, additions will be circulated and feedback gathered electronically via email on the 23-24th of March at indicated in Agenda time-frames through meeting participants. Dr. Galina Maslennikova informed that all participants had received the opening speech by NCD EG Chair, professor Rafael Oganov (placed on the https://www.ndphs.org/?mtgs,ncd_eg_19), and the welcome address by the host of the Meeting, professor Oksana Drapkina (placed on the https://www.ndphs.org/?mtgs,ncd_eg_19). Also she informed that on the 23th of March the participants would receive the first day meeting presentations and invited all participants for their comments, suggestions.

Introduction of participants

The list of Participants was placed on the https://www.ndphs.org/?mtgs,ncd_eg_19.

Adoption of the agenda

The participants of the meeting adopted the Provisional Agenda with the timetable (submitted on the https://www.ndphs.org/?mtgs,ncd_eg_19).

The invited speaker presentations

Mrs. Liubov Drozdova (Russian Federation) presented the perspective programs on NCD prevention and control in RF. The full presentation was placed on the https://www.ndphs.org/?mtgs,ncd_eg_19.

Discussion:

Dr. Mikko Vienonen, alternative representative of the Finland in NCD EG, thanked Mrs. Liubov Drozdova for her presentation. He noticed that the main difference between Russia and European countries was national check-up program, which re-started already over 10 years ago. Dr. Mikko Vienonen added that it would be very useful to receive an international report with the results of that program, which included 70 million residents from RF. He asked about the present view of the WHO-NCD-Center in Moscow considering that national check-up program.

Mrs. Liubov Drozdova thanked Dr. Mikko Vienonen and noticed that the first results of that check-up program would be available on 2024. She added that it would be rather hard to compare all four waves of the survey, because of difference between them. Mrs. Liubov Drozdova informed that the program that time became wider especially in the area of cancer screening, but that fact caused the most discussion among many experts during WHO European conference on screening.

The Vice-Chair thanked Mrs. Liubov Drozdova and concluded that her presentation showed the preventive measures for NCDs control and the structures

to implement them at national and local level in the Russian Federation. Dr. Galina Maslennikova added that the scheme for NCDs control used in the country seemed to be interesting and useful for NCD EG members.

Dr. Zaza Tsereteli introduced the elaboration of the cross disciplinary cooperation within the new NDPHS Strategy, on the example of the two EGs. The full presentation is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19.

Part 2. Ongoing activities/projects for 2020 and follow-up period

Dr. Pia Lindeskog, representative of the Sweden in NCD EG, welcomed all the meeting participants and briefly informed about the new NDPHS Strategy development process.

Dr. Artur Jakubiak representative of the Poland in NCD EG shared his impressions about the meeting in Stockholm. He noticed that on his opinion, one or two main goals should be defined, which would be pursued with further smaller goals. Dr. Artur Jakubiak proposed that smaller objectives could be defined and implemented in each expert group according to their respective competences. He noticed that however, a different course of action had been adopted. Dr. Artur Jakubiak informed that he had proposed as a goal to take action to strengthen the health of children and young people. He specified that one of the objectives could be the dissemination of awareness of healthy lifestyles, elimination of risk factors such as overweight, obesity, lack of physical activity or using e-cigarettes. Dr. Artur Jakubiak noticed the meeting's hosts had not been not interested in that proposals. He informed that he had prepared an initial description of activities that could be undertaken within the framework of future planned projects and put the description in the table sent from the secretariat for such proposals (the document is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19). Dr. Artur Jakubiak proposed to introduce the described activities in some local community and that would be followed by the gradual introduction of further actions to cover healthy ageing in its entirety. He noticed that a final evaluation of the effects, costs and

benefits could provide a basis for the implementation of measures on a wider scale. Dr. Artur Jakubiak thanked Pia for her commitment and support during the NDPHS Strategy meeting, as well as for her work and the presentation.

Discussion:

Dr. Mikko Vienonen thanked Dr. Artur Jakubiak for his notes on the strategy development and noticed that there were no reason to exclude obesity prevention, avoidance of tobacco & nicotine (smoking, e-cigarettes and snus) and action against harmful use of alcohol also among children and youth from Healthy Aging Project. He specified that Healthy aging should be based on healthy childhood, youth and working age, not on healthy old age.

Dr. Artur Jakubiak agreed with Dr. Mikko Vienonen and noticed that the need to influence on children and adolescents had been emphasized weakly in the Healthy Aging Project and that it should be revised.

Dr. Zaza Tsereteli thanked Dr. Artur Jakubiak for his notes and added that the issues related to the tobacco and alcohol would be covered by the ASA EG, but that could be the opportunity for two EGs cooperation in the AgeFLag Project. He reminded that that kind of cooperation had been purposed by ASA EG at the stage of AgeFLag Project initiation.

The Vice-Chair thanked Dr. Artur Jakubiak for his notes and added that the NDPHS Flagship Project on Aging might be only a part of NDPHS Activities. She asked the colleagues from the NDPHS secretariat to clarify situation with the content of the new NDPHS Strategy according to the filled template to avoid misunderstanding within the NDPHS EGs.

Ms. Silviya Geistarte, NDPHS Senior Adviser clarified that the template filled in by Dr. Artur Jakubiak was only for the grant application to the EU. She added that each Expert Group had been kindly invited to fill in that template with their suggestions for activities to be funded by the EU and to submit to the Secretariat by 31 March.

The Vice-Chair thanked Ms. Silviya Geistarte for clarifications.

Dr. Ülla-Karin Nurm, NDPHS Director reminded about the COVID-19 lessons learned that days – the population with illnesses such as heart disease, lung disease, diabetes, cancer, obesity and high blood pressure would be most affected. She mentioned that it was well known that socially and economically disadvantaged people were more prone to risky behaviors (smoking, drinking alcohol, etc). Dr. Ülla-Karin Nurm reminded that it was also applied to risks of mental health problems which might be aggravated by insecurity, fear and isolation and therefore. She added that it became even more important to tackle the chronic diseases and related risk factors in the societies by investing in prevention, health promotion and boosting health literacy. Dr. Ülla-Karin Nurm suggested to focus on health literacy as the main Action of the NCD EG while developing the proposals for the Grant application. She added that the main Action might have several activities that contributed to the horizontal topic of healthy and active ageing (that was not only addressing the elderly, but rather a life-course approach) as well as to other three horizontal topics - mental health integrated care and digitalization. Dr. Ülla-Karin Nurm informed that also cancer would be addressed as joint initiative(s) together with ASA, OSH and PHC EG-s.

Ms. Pia Lindeskog suggested that NCD EG might focus on health literacy and encouraged the discussion with other EC within organizations.

The Vice-Chair thanked all participants for their proposals and added that it was a good idea to create/elaborate the EU Grant devoted to the Health Literacy with extension to the NCDs control, including self-control in the elderly population.

Dr. Zaza Tsereteli introduced ASA EG inputs for the new NDPHS Strategy. The full presentation is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19.

Discussion:

The Vice-Chair on behalf of the NCD EG thanked Dr. Zaza Tsereteli for the presentation and for the suggestions on the both EGs collaboration. She noticed that that both EG members had to work together in the Project activity. The Vice-

Chair concluded that it might be a Thematic Report on Alcohol and Cancer, since cancers began to occupy the leading position in the structure of deaths.

The Vice-Chair introduced the conclusions made by Chair and Vice-Chair (the document is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19).

Discussion:

Dr. Mikko Vienonen thanked Galina and Rafael for their good suggestions and informed that he supported them. He introduced his additional suggestions to the strategy document (the document is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19).

Ms. Maria Lopatina, representative of the Russian Federation in NCD EG, informed that she supported the suggestions on the NDPHS Strategy.

Dr. Pia Lindeskog thanked Ms. Maria Lopatina and Dr. Mikko Vienonen for their suggestions and contributions to the NDPHS Strategy concerning NCD and added that they would take all suggestions into consideration.

Dr. Mikko Vienonen introduced the outcomes from the workshop devoted to the Project “A Healthy Boost – Urban Labs for Better Health for All in the Baltic Sea Region - boosting cross-sectoral cooperation for health and wellbeing in the cities”. The full presentation is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19.

Discussion:

The Vice-Chair thanked all participants of the Project and Dr. Mikko Vienonen for presentation of the outcomes from the workshop and noticed that the Healthy Boost Project was many- and multisectorial approaches in public health and wellbeing. She asked to identify/separate which sector(s) works were more effectively in a particular participating city and easily achievable, whether the used interventions were the same in all participating cities and about the effectiveness measures of the used interventions.

24th of March, 2020

Part 2. Ongoing activities/projects for 2020 and follow-up period (continued)

The Vice-Chair proposed the NCD EG Meeting participants to continue the discussion of ongoing activities/projects for 2020 and follow-up period. She reminded that the Meeting Agenda for that day was devoted to NCD EG project activity plans and among that projects: the NDPHS Flagship Project on aging, PYLL-Study-2 Project, its implementation, and Health Literacy Project and the suggestions for the NCD EG Work Plan for 2020 and thereafter would be introduced. The Vice-Chair asked all participants to send their proposals regarding the next 20(10) NCD EG Meeting (dates, country, city).

Mrs. Maria Lopatina presented the NDPHS Flagship Project on Aging: Russian Participation (the presentation is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19) and added that the presentation described some results of the first workshop in the Russian Federation carried out with the leadership of the Central Scientific Research Institute of Organization and Informatization of Healthcare. She informed that that workshop dedicated to assessing the needs of older people in the framework of the AgeFLAG project and that about 26 experts from various fields had participated. She added that on behalf of the Russian NCD EG they had made a contribution regarding the need of addressing the question of health literacy of elderly people, as well as measuring and monitoring the level of health literacy (including digital health literacy and communication health literacy) as one of the instruments on assessing the effectiveness of planned and undertaken measures.

Discussion:

The Vice-Chair thanked Mrs. Maria Lopatina for her participation in the Workshop and introduction (in presentation) the Russian contribution in the implementation of the NDPHS Flagship Project on Aging and the Russian view and impact to the NDPHS Flagship Project on Aging implementation looked like a sub-project of the Flagship one with a comprehensive assessment of the Russian elderly people needs

and multisectorial positive influence on the health of the population. Dr. Galina Maslennikova asked whether Russian principal investigators of the project would plan original scientific and population (national representative and random sample) based study for elderly people needs assessment. She also asked about the questionnaires, number and person who would create and validate them in order to evaluate the elderly people knowledge on particular health problems, social needs, etc. She added that in case if Russian principal investigators planned a local, demonstrative project, whether they would recommend the demonstrative project to implement on national-wide level, and or even for international joint project.

Mrs. Maria Lopatina thanked the Vice-Chair for her comment and questions. She added that the issue of health literacy had been discussed by all participants of the Workshop. Mrs. Maria Lopatina informed that the national research team had just carried out the population health literacy survey based on representative and random sample from 3 regions of Russia with a sample of 6000 respondents over 18 years old. She added that that time they analyzed the data. Mrs. Maria Lopatina mentioned that European Health Literacy Survey questionnaire (HLS-EU-Q) had been used. She added that there was a number of additional packages of questions on digital health literacy, communication health literacy, navigation health literacy, etc. Mrs. Maria Lopatina suggested to add the needs assessment to that model could bring an added value on behalf of our NCD expert group as a sub-project to the AgeFLAG project or an independent project. She added that based on the obtained results they would be planning a demonstrational project, when they identified a target group of population for intervention. Mrs. Maria Lopatina informed that using the same standardized instrument for measurement would definitely allow them implementing a nation-wide and even an international joint project.

Prof. Pekka Jousilahti presented the suggestions about the New PYLL-Project as an essential part of NDPHS and NCD EG Activity. He informed that the protocol of the second PYLL-round would be mainly the same as in the previous round (age

groups, disease classification, etc.) Prof. Pekka Jousilahti added that the only major change would be the use of more recent standard population. He mentioned that when the data were available, additional analyses would be possible. Prof. Pekka Jousilahti assumed that the data would be available directly from WHO (based on in-official communication, 2017 mortality data will be ready "during the spring). He added that however, if the data were not complete/have problems they might need to communicate with the individual countries. Prof. Pekka Jousilahti informed that they would be able to start the analysis within a few months (the timetable may be affected by the corona virus epidemic). He concluded that the most important task that time was to get agreement from NDPHS partnership countries to participate in the ND-PYLL-2 study (funded by the MoFA/Finland and designated to the Finnish Institute of Health & Welfare). Prof. Pekka Jousilahti reminded that NCD EG Chair Professor Oganov had sent a letter to CSR-members, requesting for participation in November 2019. He suggested that the NCD EG Secretariat, the Chair of NCD (Professor Oganov) and Co-Chair (WHO/ Joao Breda) could write and send a short letter to the Heads of each partnership country, requesting that the country would agree to participate in the PYLL-2 study by certain date without further formalities. Prof. Pekka Jousilahti suggested to nominate a country focal point to facilitate the process and emphasized that participation does not require any fee or financial support.

Dr. Mikko Vienonen suggested to arrange an agreement between NCD EG Secretariat and all partnership countries, including Belarus as associate, to participate in the study. He informed that it would be the prerequisite for the planned 2010 PYLL-2 seminars. Dr. Mikko Vienonen reminded that there was a component called: organizing 3 scientific workshops to support the PYLL (Potential Years of Life Lost) study (budgeted 49,900 €) within the ongoing NDPHS-Secretariat project 2020 – 2022 (24 months) on PROVIDING SUPPORT TO IMPLEMENTATION OF THE NDPHS STRATEGY/ FWC SIEA 2018 LOT 4: HUMAN DEVELOPMENT AND SAFETY NET/ EuropeAid/138778/DH/SER/multi He noted that in spite of the well documented

results and conclusions on lost human capital for development had seen through Potential Years of Life Lost (PYLL) in 2016, the process for learning these lessons 2003 -2009 -2013 had not materialize at country level. Dr. Mikko Vienonen informed that the 3 seminars were suggested to be organized with groups of countries struggling with similar types of problems and they were scheduled to take place during 1st half of 2021, after the PYLL-2 study results were available. He suggested all NCD members and also members of other EGs to take an active role in the preparation of these events, which in many ways could strengthen their horizontal activities.

Discussion:

The Vice-Chair was grateful for the PYLL-PROJECT 2 under EG members' management and suggested to call that Project as the Flagship Project, since the Project defined health priorities and vulnerable areas and the effectiveness of many NDPHS EGs interventions. She noticed that for the Project, Finnish colleagues would use the WHO and/or other data sources to have comparable data. The Vice-Chair invited the ND Partner Countries' members to participate in providing the mortality data and population distribution by age-group or delegate them to the available sources. She asked about the last year needed for data sources and analysis and the period for repetition.

Prof. Pekka Jousilahti explained that the aim was to use data from the same year (2017) for all countries. He added that in order to update the standard population, they would reanalyze also the data of previous years (2003, 2007 and 2013). Prof. Pekka Jousilahti mentioned that it would be possible to conduct other analysis, depending on needs, interest and resources on country level in case of the availability of results.

Dr. Pia Lindeskog and Mrs. Maria Lopatina made two presentations on the Project "Health Literacy". The full presentations were placed on the https://www.ndphs.org/?mtgs,ncd_eg_19. Mrs. Maria Lopatina added that the first presentation was devoted to the status of the previous application and the second –

to the new vision of the project, based on the discussions and consultations with Secretariat in Stockholm, on the previous experience and on the proposal to make a project on organizational health literacy with the focus on older population (as suggested by Secretariat).

Discussion:

Ms. Arnhild Bergljot Haga Rimestad noted that Norway was interested in joining the Health Literacy Project and they would like to discuss the focus area of the project which they could be linked to. She added that the most important for them was that they keep it as an organizational HL project. Ms. Arnhild Bergljot Haga Rimestad informed that Norway had developed a strategy primary for health personnel to increase the health literacy in the population.

Dr. Pia Lindeskog informed that at the Workshop with the Strategy Group in February a Health Literacy Project had been on the table and all of the EG presented at the meeting expressed interest for a horizontal initiative/activity – including the Primary Health Care EG.

Mrs. Maria Lopatina thanked Ms. Arnhild Bergljot Haga Rimestad for her comment and confirmed that it was initially organizational HL project.

Dr. Mikko Vienonen asked whether they had thought of linking the Health Literacy Aging Project with the ongoing NDPHS-Secretariat project 2020 – 2022 (24 months) on Providing Support To Implementation Of The Ndphs Strategy/ Fwc Siea 2018 Lot 4: Human Development And Safety Net/ EuropeAid/138778/DH/SER/multi for example in the component called organizing a series of NDPHS symposiums/scientific forums (events) producing an evidence-based policy brief/report on the subject of the event. He proposed to link the Health Literacy Aging Project also with the ongoing NDPHS flagship project and the contact person could be Karolina Maskiewicz.

Mrs. Maria Lopatina thanked Dr. Mikko Vienonen for his suggestions and agreed that the health literacy topic should be more prominent for different stakeholders, since health literacy initiatives helped to address vulnerable people and tackle inequalities in society.

Dr. Zaza Tsereteli informed that the topics for the NDPHS symposiums/scientific forums and events had been already decided.

Dr. Mikko Vienonen agreed with Dr. Zaza Tsereteli.

Dr. Zaza Tsereteli thanked Mrs. Maria Lopatina for the presentation and informed the Healthy Aging Project was the horizontal initiative for all the EGs and the Health Literacy Project could be the part, which NCD EG could propose for that project. He added that it was already decided that the Aging was the main topic of the NDPHS strategy and four horizontal topics had been also identified (like digitalization or integrated care).

Mrs. Maria Lopatina thanked Dr. Zaza Tsereteli for his comment and noted that was what Galina also had pointed out in her comment earlier that day. She added that it could be a part of the ageing project or a separate, in terms of a life course as indicated by Dr. Ülla-Karin Nurm.

Part 3. Upcoming events and proposed time and place for the next NCD EG meeting

The Vice-Chair and NCD EG ITA Dr. Asiiia Imaeva presented the NCD EG work plan for 2020 and thereafter. The document is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19.

Discussion:

Dr. Mikko Vienonen agreed with presented WORK PLAN 2020 and commented that the funding of the 3 PYLL-2 seminars in 2021 has been allocated through FWC SIEA 2018 LOT 4: Human Development And Safety Net. EuropeAid/138778/DH/SFR/multi: Providing Support To Implementation Of The Ndphs Strategy (50.000 €).

Dr. Asiiia Imaeva thanked Dr. Mikko Vienonen for his agreement and comments and on behalf of NCD EG Chair Office proposed the next NCD EG Meeting time in Autumn - in October - November, 2020 and invited the participants for the discussion of places for the next NCD EG meetings.

Prof. Pekka Jousilahti made a proposal to conduct the next meeting in Saint-Petersburg.

The Vice-Chair thanked all the participants for the joint, hard and excellent work during this Meeting and introduced the closure from professor Rafael Oganov (the document is placed on the https://www.ndphs.org/?mtgs,ncd_eg_19). Dr. Asija Imaeva promised that the Draft of the Meeting Minutes would be sent to the participants of the Meeting within the next 4 weeks for their comments, suggestions and corrections.