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Oslo, September 25.
The strategy for good mental health (2017-2022)

• Launched on August 25th 2017
• Five main goals
  1. Mental health will be an equal part of public health
     • More focus upon mental health promotion
     • Emphasizing that all sectors must have an ownership in promoting good mental health
  2. Inclusion and participation in the society for everybody
     • Ensure that people with mental health disorders can participate in working life
     • Fight loneliness and exclusion
     • Fight stigma and prejudices in the population and in the services
3. The patient's health- and care service
   • Implement and evaluate packet stream for mental health and substance abuse disorders
   • Ensure that services take care also of patients' somatic health
4. Strengthening knowledge, quality, research and innovation in public health and health services
   • Ensure that research within mental health uses the resources in an optimal way
   • Ensure better registry data on mental health and substance abuse disorders
5. Promote good mental health in children and adolescents
   • Basis for new mental health program for children and adolescents