



Norwegian Ministry
of Health and Care Services

Coping with Life: The Government's Strategy for Good Mental Health (2017-2022)

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The strategy for good mental health (2017-2022)

- Launched on August 25th 2017
- Five main goals
 1. Mental health will be an equal part of public health
 - More focus upon mental health promotion
 - Emphasizing that all sectors must have an ownership in promoting good mental health
 2. Inclusion and participation in the society for everybody
 - Ensure that people with mental health disorders can participate in working life
 - Fight loneliness and exclusion
 - Fight stigma and prejudices in the population and in the services



3. The patient's health- and care service

- Implement and evaluate packet stream for mental health and substance abuse disorders
- Ensure that services take care also of patients' somatic health

4. Strengthening knowledge, quality, research and innovation in public health and health services

- Ensure that research within mental health uses the resources in an optimal way
- Ensure better registry data on mental health and substance abuse disorders

5. Promote good mental health in children and adolescents

- Basis for new mental health program for children and adolescents

