

**EG on Prison Health
Third Meeting
Paris France
18-19 June 2007**



Reference	PH 3/7/2/
Title	Co-operation project in the health and social sector between Norway and North-West Russia
Submitted by	Karsten Kronholm, Norway
Summary / Note	-
Requested action	For information

Application Form for

YEAR: 2006 -2007-2008-2009

**CO-OPERATION PROJECTS IN THE HEALTH AND SOCIAL SECTOR BETWEEN
NORWAY AND NORTHWEST RUSSIA.**

**CO-OPERATION PROGRAMME FOR HEALTH AND RELATED SOCIAL ISSUES
IN THE BARENTS EURO-ARCTIC REGION AND THE NORTHERN DIMENSION
PARTNERSHIP FOR PUBLIC HEALTH AND SOCIAL WELL-BEING.**

Please send this application by mail to the Norwegian Ministry of Health and Care Services,
P.O. Box 8011 Dep, N-0030 Oslo, Norway.



Northern Dimension Partnership
Public Health and Social Well-being ●●

TO BE FILLED IN BY THE APPLICANT

Please use PC, typewriter or block letters

PROJECT TITLE (Brief and descriptive):

Åna – Kresty Prison Project II

NAME OF APPLICANT (Responsible institution/organisation):

***Norwegian project leader dr. Karsten Kronholm**

***Applicant institution : Åna Prison by Dep. Director Ståle Olsen**

NAME OF MAIN PROJECT PARTNER (Responsible institution/organisation):

***Cooperating main institution : Kresty Prison in St. Petersburg**

***Russian project leader Igor Tamatorin, Head of Medical Department of Prison Health
in Leningrad Oblast (in St. Petersburg) GUIN MJ RF**

I. INFORMATION ON THE APPLICANT:

1.1 Name (company/organisation/institution), address/telephone/telefax/e-mail: Åna Prison, Åna, 4365 Nærbø, Norway Telephone : +47 51 79 90 00 Responsible person : Dep. Director Ståle Olsen
1.2 Description of the organisation/institution: Prison
1.3 Person responsible for the project : Head of Medical Department Igor Tamatorin, St. Peterburg Dr. Karsten Kronholm, Henjahaugane 17, 6863 Leikanger - + 47 411 91 514
1.4 Address/telephone/telefax if different from the the applicant's:
1.5 Bank-account number to use for tranfer of financial support: XXXXXX
1.6 Has the applicant received prior support from funds / programmes for the Barents region? Yes : 2005-2006 Pilot project Åna – Kresty II / B 517
1.7 Has the applicant had activities in the Barents region earlier? In St. Petersburg since 2002 If yes, please describe: The same project leaders heve been involved in a Task Force PHC Project “The Åna- Kresty Prison Project” 2002-2004 involving the same prisons as planned now
1.8 What specific competence/qualifications does the applicant possess to implement the project: A) The Russian project leader Igor Tamatorin is now head of Medical Department for Prison Health in Leningrad Oblast, including Kresty Prison. B) The norwigean Project leader has been a medical doctor in Norway for 28 years, specialist in general medicine, specialist in community medicine, 12 years in administrative medical work, including 2 ½ years at the Directorate of Health in Norway. For the last 5 years working in psychiatry and becomes a specialist in psychiatry summer 2006.
1.9 Please state name and address of references if you so wish: Dr. Harald Siem, Ministry of Health, Norway

II INFORMATION ON THE PROJECT:

2.1 Project title (brief and descriptive): “Åna- Kresty Prison Project II”
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<p>2.2 Duration of the project: 2006 - 2009</p>
<p>2.3 The geographical area and /or target group of the project: Inmates at prisons in Leningrad Oblast, mainly Kresty Prison in St. Petersburg</p>
<p>2.4 Priorities.</p> <p>Which of the three priority areas does the project address?</p> <p><input type="checkbox"/> Prevention and combat of communicable diseases</p> <p><input checked="" type="checkbox"/> Prevention of lifestyle related health and social problems and promotion of healthy lifestyles</p> <p><input type="checkbox"/> Development and integration of primary health care and social services</p> <p>Which of the cross-cutting priorities are targeted by the project?</p> <p><input type="checkbox"/> Children and youth</p> <p><input checked="" type="checkbox"/> Gender mainstreaming</p> <p><input type="checkbox"/> Special problems of indigenous people</p> <p><input type="checkbox"/> Special problems of sparsely populated areas</p>
<p>2.5 Type of project:</p> <p><input type="checkbox"/> Pilot project</p> <p><input checked="" type="checkbox"/> Main project</p> <p><input checked="" type="checkbox"/> Transfer of competence/Conference/Seminar (underline relevant activity)</p> <p><input checked="" type="checkbox"/> Continuation/follow-up activities of on-going or completed projects</p> <p><input type="checkbox"/> Other, please specify:</p>
<p>2.6 Project description (background, problem description, main idea) – a summary</p> <p>Improve Mental Health Status among inmates at Kresty (+ other) Prison in Leningrad Oblast :</p> <p>1) 2 computers with printer and access to Internet will be placed at the Head Office of Medical Department for Prison Health in St. Petersburg, accessible for all prison doctors in the Oblast. For security reasons computers with Internet cannot be placed inside a prison. The Russian project leader has guaranteed that at least 10 prison doctors will complete a specific course on Internet regarding doctors involvement in prisons and Human Right Issues etc. This course has been elaborated by the World Medical Association, and will be translated into Russian before summer 2006.</p> <p>2) Improve/establish areas inside and outside the prison(s) for physical training, for playing basketball, weight lifting, stationary bicycles inside prisons etc. In addition, the project will provide each participating prison with necessary training equipment.</p> <p>3) Establish libraries with decoration, furniture, lamps and improve existing libraries for inmates in prison(s) for studying, reading papers, writing letters etc.</p> <p>4) One medical course for one week each year 2007, 2008, 2009 in Bergen, Norway for 10 Russian medical prison doctors from the Oblast, preferably psychiatrists, including the Russian project leader. During that time there will be a sightseeing to Åna Prison and 1-2 days of the course there. Teachers will mainly come from Bergen University Hospital, some of them from the special High Security psychiatric wards. The courses will concentrate on psychological stress and trauma, rehabilitation, posttraumatic stress disorder and human rights issues.</p> <p>5) One medical/social science course each year for 3 years in St. Petersburg for 30 medical personnel in prisons, mainly nurses. Some teachers might come from Norway, but most teachers will be doctors from St. Petersburg. There will be several issues concentrating on psychological</p>

trauma and stress and human rights.

6) The 4 project workers (including the 2 project leaders) will be planning how to invite public/private enterprises into the prisons in order to create better working opportunities for inmates when they are released from prison. We have not yet decided how to do this, but the item is considered very important.

2.7 The purpose/major goal of the project:

Improvement of the mental Health status for inmates at Kresty Prison and possibly some other prisons in Leningrad Oblast.

2.8 Subgoals of the project:

Goal 1) can be counted

Goal 2) can be inspected, measured

Goal 3) can be counted

Goal 4) and 5) will be evaluated by the participants

2.9 Which tangible results is the project meant to achieve? Please state success indicators:

Better awareness among prison health personell regarding human rights issues in prisons

Improvement of mental Health Status among inmates at prisons I Leningrad Oblast

It is difficult to measure a change in attitude in health personell. The 10 doctors who will fulfil the Internet course, will receive a certificate for having passed the exam.

2.10 Plan for the implementation of the project, including distribution of responsibility and organisation:

- 1) The 2 project leaders have cooperated for several years by improving rooms, furniture and medical equipment worth Euro 60.000. During this coming project period they will meet 2 times a year to organize the different parts of the project and adjust the financial side of the project as it goes on.
- 2) Dep. Prison Director Ståle Olsen and his staff will organize the financial side of the project
- 3) Psychiatrist Aud Lien will organize the courses in Norway and partly the courses in St. Petersburg.

2.11 How is the project going to be evaluated (when, by whom, specification of expenses):

Goals 1) 2) and 3) will be counted and measured

Goal 4) and 5) will deliver an evaluation after each course

Project leaders will write a Interim report each year and a full Evaluation Report after the project is finished.

<p>2.12 Please describe the possible connection to other on-going or completed projects:</p> <p>This project takes care of the valuable contact between Åna and Kresty Prisons and the network than was established during “Åna –Kresty Prison Project” 2002-2004 and the personal good relationship between the 2 project leaders.</p>
<p>2.13 Time schedule for implementation (if relevant, please state the project’s different stages and the time schedule for these):</p> <p>Meeting in St. Petersburg October 2006, planning the rooms to make a time table for the improvements in witch prisons. The first course in Norway in the spring 2007. The first course for nuses In St. Petersburg autumn 2007.</p>
<p>2.14 Within all priority areas, special attention shall be given to children’s health. Does the project include aspects that will promote children’s health directly? Please describe how:</p> <p>-</p>
<p>2.15 Has applications for funding been submitted to other possible donors? If yes, please state which sources:</p> <p>No</p>
<p>2.16 In what way will the project be continued when possible support from the Norwegian Ministry of Health and Care Services (through this application) has ended?</p> <p>Nordic Dimention will hopefully take over.</p>

III INFORMATION ON PROJECT PARTNER(S) IN THE BARENTS REGION

(Please duplicate this section if there is more than one project partner).

<p>3.1 Name (company/organisation/institution): Igor Tamatorin, head of Medical Department GUIN MJ RF, St. Petersburg and Leningrad Area.</p>
<p>3.2 Address/Telephone/telefax/e-mail e.mail adresse : <oltam@yandex.ru</p>
<p>3.3 Type of organisation/institution: Prison administration</p>
<p>3.4 Project responsible person: Igor Tamatorin</p>
<p>3.5 In what way is the project partner going to contribute/what kind of cooperation is planned? Igor Tamatorin and his organisation will :</p> <ol style="list-style-type: none"> 1) Engage the 10 doctors from the Oblast that will fulfill the course on Internett on computers placed at head office of Medical Department of Prison Health, St. Petersburg 2) Organize the necceary planning of changes inside and outside prisons in which there will be improved training facilities and better librarys 3) Engage doctors/psychiatrists for the courses in Norway

- 4) **Organize room and (partly) teachers for the courses for nurses in St. Petersburg and select the nurses who is going to attend the courses.**
- 5) **Take part in at least 3 project meeting pr. year, one in Norway and 2 in St. Petersburg**

3.6 What will be the partner's administrative and professional part in the project ?

See 3.5

3.7 What competence/qualifications does the partner possess to participate in the project?

Igor Tamatorin is a medical doctor and head of Medical Department for Prison Services in St. Petersburg and is very qualified to become russian project leader for this project. In fact his is "overqualified"(and overworked) and he tried to find another person in his system to fulfill this work – but he found only himself.

3.8 Has a cooperation agreement been signed or when will it be signed?

It will be signed as soon as we know if this project will be financed on basis of this application.

IV BUDGET AND PROJECT FINANCES

Two budgets must be filled out: One budget for the year in which you are seeking funding through this application (4.1.), and one budget for the full duration of the project, if the project lasts for longer than the year for which you are seeking funding (4.2). Funding is given on an annual basis, and a new, complete application must be submitted for each year.

The application/budget should include the total self-contribution of the different partners in the project. This also **includes contributions by volunteers, which can be calculated into the budget as “own resources”, making an estimate of what it would cost to provide similar services commercially.**

If ‘per diem’s or subsistence costs are calculated, they can not exceed the rates applied by the Norwegian government.

4.1. BUDGET FOR THE YEAR YOU ARE SEEKING FUNDING

	ACTIVITY	SPECIFICATION ¹	BUDGET IN TOTAL	Ministry of Health and Care Services	Other external sources of finance	Own resources / self-contribution
A.	WAGES AND SOCIAL EXPENSES, INTERNAL STAFF					
B.	WAGES AND SOCIAL EXPENSES, EXTERNAL STAFF					
C.	PROJECT MANAGEMENT					
D.	TRAVEL					
E.	TRAINING/ COURSES/ SEMINARS					
F.	TRANSLATION/ INTERPRETER SERVICES					
G.	PURCHASE/RENT OF EQUIPMENT, INVESTMENT					
H.	PRINTING OF PUBLICATIONS/ DOCUMENTS					
I.	TRANSPORTATION, INSURANCE					
J.	ADMINISTRATIVE EXPENSES (POSTAGE, TELE SERVICES, AUDIT ETC.)					
K.	OTHER EXPENSES					
	TOTAL					

¹ Please specify expenses related to each activity (e.g. fee pr hour, number of travels, price per unit)

4.2. BUDGET FOR THE FULL DURATION OF THE PROJECT

	ACTIVITY	SPECIFICATION ²	BUDGET IN TOTAL	Ministry of Health and Care Services	Other external sources of finance	Own resources / self- contribution
A.	WAGES- AND SOCIAL EXPENSES, INTERNAL STAFF					
B.	WAGES- AND SOCIAL EXPENSES, EXTERNAL STAFF					
C.	PROJECT MANAGE- MENT					
D.	TRAVEL					
E.	TRAINING/ COURSES/ SEMINARS					
F.	TRANSLATION/ INTERPRETER SERVICES					
G.	PURCHASE/RENT OF EQUIPMENT, INVESTMENT					
H.	PRINTING OF PUBLICATIONS/ DOCUMENTS					
I.	TRANSPORTATION, INSURANCE					
J.	ADMINISTRATIVE EXPENSES (POSTAGE, TELE SERVICES, AUDIT ETC.)					
K.	OTHER EXPENSES					
	TOTAL					

² Please specify expenses related to each activity (e.g. fee pr hour, number of travels, price per unit)

V OTHER INFORMATION OF IMPORTANCE

DATE

SIGNATURE

ATTACHMENTS THAT MUST FOLLOW THE APPLICATION:

- COMPLETE PROJECT DESCRIPTION
 - CO-OPERATION AGREEMENT
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Note that your application form and its attachments may be published at the web sites of the Barents Secretariat (www.barents.no) or the EU Northern Dimension Partnership in Public Health and Social Well-being (www.ndphs.org)

Reference in the Ministry of Health and Care Services: Adviser Jørgen Kaurin (Tel. +47 22 24 87 73) jfk@hod.dep.no