

Focus groups with stakeholders who work with young migrants

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Stakeholders who took part in the focus group

- **Date:** 17 April 2014
- **Invited stakeholders** represented 12 governmental organizations and NGOs involved in the work with migrants
- **10 FG participants** were from:
 - AIDS Center, TB Hospital, Drug Treatment Hospital
 - Kaliningrad Department of the Federal Migration Service
 - Kaliningrad Department of the Rospotrebnadzor (the Federal Service on Human Well-being Surveillance = state epidemiological service)
 - NGOs working with migrants and PLHIV
 - attorney specializing in work with migrants

Brief results of the focus group

- There are **no prevention programs for migrants** in Kaliningrad at all
- Focus group participants estimate that about **40% of migrants - young people aged up to 25-30 y.o** who needs prevention.
- **Specialists** involved implementation of migration policy or direct work with migrants, **recognize the need and importance of prevention programs**

Brief results of the focus group

- **Repressive measures against migrants do not work:**
 - deportation doesn't work, no cases of PLHIV deportation
 - PLHIV live illegally, do not receive ARV-treatment
- **Fraud and falsifications of diagnosis are possible during for HIV and TB testing**
- **For more than a half of the incoming migrants there is no obligatory HIV/ TB tests**
- **Experts recognize that active HIV & AI prevention programs through collaboration with employers and religious communities are of a high need.**

**Focus groups with stakeholders
who work with children and young
people involved or at high risk or
being involved into commercial
sexual exploitation**

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Stakeholders who took part in the focus group

- **Date:** 16 May 2014
- **Participants:** 10 people from 10 organizations involved in work with orphans, children and young people left without parenteral care

Feedback on the focus group guide and difficulties

- Participants often confused sexual violence and sexual exploitation
- Participants have little experience in working with young people involved in commercial sexual exploitation
- There are almost no possibilities for specialist to meet and discuss the issue

Best practices in the field of HIV and AI prevention among children and young people at high risk of getting HIV and AI

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LadYa Program

- **Number of programs found:** 1
- **LadYa (in harmony with yourself)** – a primary HIV/AIDS risk behavior prevention program among adolescents
- **Authors:** team of authors consisting of pedagogues, psychologists, psychiatrists, drug treatment specialists from Moscow and St. Petersburg
- **Dates of program implementation:** from 2008 up to the present
- **City(ies) where the program was implemented:** 10 regions of Russia, including **St. Petersburg, Kaliningrad, Bryansk, Orenburg, Lipetsk, Chelyabinsk, Surgut, Nizhny Novgorod, Dzerzhinsk, Rostov-on-Don.**

LadYa Program

- **Target groups:**

- (1) Adolescents from 13 to 17 y.o., enrolled in usual schools, boarding schools and vocational schools.
- (2) young people up to 25 y.o, including students
- (3) young people undergoing rehabilitation or serving sentences

- **The overall objective:** primary prevention of HIV by forming spiritual and moral guidance.

- **The specific objectives:**

- (1) to form perceptions & beliefs based on ethical Christian values; development of aspirations build life choices based on those values;
- (2) to raise awareness of HIV and prevention

LadYa Program

- **Theoretical basis/ model which prevention program is based on:** non-specific prevention principles aimed at creating spiritual and moral guidelines among adolescents
- **The program includes:**
 - (1) 7-9 days training for teachers and school psychologists who will work with the program; implementation of the program in schools;
 - (2) monitoring of lessons; (3) analysis of the results of the program.
- **The main method of work: personal development training**

LadYa Program

- **The main method of work: personal development training**
- The program includes conversations, discussions, "brainstorming", mini-lectures, role-playing, elements of psychodrama and psycho-gymnastics exercises.
- **22 group work sessions**
- **Each session devoted to a certain topic.** E.g: Love, Happiness, Friendship, Myself, Family
- HIV is one of these topic and only one session is devoted to it.

LadYa Program

- A very **unusual HIV prevention program**
- **Nothing about safe sex concept and ways of prevention should be**
- **It is totally up to a trainer if he/she want to talk about condom use**
- **Despite being ordered by the Orthodox Church and being based on the development of spiritual and moral Christian values, it is rather secular and delicate.**
- **Not a single word about any religious confession**
- **It is about universal values, about personal growth, consciousness and sense of responsibility**

Advantages and disadvantages of the program

- “+” Program allows to adapt to different kind of teenagers group
- “—” **too little is said about HIV**
- “—” **too much depends on skills & expertise of a trainer.**

Program is not implemented in full scale as requirements to a trainer are too high. Ordinary school teachers and psychologists are often not sufficiently competent

- “+” Many trainers are trained. There is **detailed guidance materials**
- “+” **Approved by the Russian Orthodox Church**
- “+” **Developed by Russian specialists**