

**Primary Health & Prison Health Systems Expert Group  
Fourth Meeting  
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<b>Reference</b>	PPHS 4/9.3/Info 1
<b>Title</b>	INNOCARE- Innovative solutions in care of elderly citizens living at home (project description)
<b>Submitted by</b>	Ms. Silja Lehtpuu, Project co-ordinator
<b>Summary / Note</b>	<p>The main aim of the project is to improve the quality of life and to increase the safety and security of elderly citizens living at their homes. This will be achieved through using innovative technologies and methods in home care.</p> <p>The project lasts from November 2011 to December 2013 and has a total budget of 806,972 euros. The project is part-financed by the Central Baltic INTERREG IV A Programme.</p>
<b>Requested action</b>	For information

## **INNOCARE- Innovative solutions in care of elderly citizens living at home**

### **1. Project objectives:**

**The main target** of the project is improved quality of life and increased safety and security of elderly citizens living at their homes, which will be achieved through using innovative technology and methods in home care.

### **2. Main problems to be solved**

As most European populations the population in Baltic States and in Scandinavia is ageing. In the coming 10 years the number of elderly people (65+) will increase by 27 % in Europe and the share of people with care needs will correspondingly increase. The elderly are over-represented in the occurrence of almost all types of accidents. Falls are most common, followed by suffocation, fires and accidents caused by extreme cold. **New technology can be used in injury prevention and in minimizing consequences of accidents and cases of illness for health care.** The use of new technology in home care enables to live elderly citizens at their homes as long as possible and to improve their quality of life.

### **3. Description of main activities**

- 1) In the beginning of the project partners will make a research about innovative technology available in home care of elderly people in Estonia, Latvia and Sweden, and readiness of elderly, municipalities, home care service providers and families to integrate new innovative technology to home care system.
- 2) New ICT-based technological solutions (equipment and services) will be tested during 12 months testing period in home care of elderly in Rakvere city (Estonia), in Nacka municipality (Sweden), and in Cesis and Ape municipalities (Latvia).
- 3) After testing period the social, financial and other aspects of using innovative technology in home care of elderly will be analyzed. The feasibility study will be composed showing the costs and benefits of different alternatives. This information enables to make more justified investment decisions in the future in order to ensure the efficiency and effectiveness of using the budget of municipalities, families and other related organizations.
- 4) Different kind of means for motivating municipalities, service providers and families to use new technology in home care of elderly people will be identified. Possible needs for support from national and regional authorities related with legal, financial, social and other issues will be identified.

### **4. Project partners:**

Tallinn University Rakvere College- lead partner, Estonia  
Lääne-Viru College, Estonia  
City of Rakvere, Estonia  
P.Stradins Medical College of the University of Latvia  
Cesis municipal agency "Social service", Latvia  
Ape municipality, Latvia  
Nacka municipality, Sweden

### **5. Project period:**

Project implementation: November 2011- December 2013.

More information <http://innocare.edicypages.com/en>