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<b>Title</b>	NDPHS projects under development (as of 16/09/11)
<b>Submitted by</b>	Secretariat
<b>Summary / Note</b>	This document provides a list of the projects currently under development by NDPHS Expert Groups and Task Groups.
<b>Requested action</b>	For reference

## NDPHS projects under development

(status as of 16 September 2011)

NDPHS EG/TG responsible	Thematic focus	Summary	Geographical area
<p><b>ADPY TG</b> (NDPHS Task Group on Alcohol and Drug Prevention among Youth)</p>	<p>Alcohol use Substance use</p>	<p><b>Project title: Baltic Sea Region Project on Alcohol and Drug related Harm Among Young People (BADY)</b></p> <p><b>The aim of the project</b> is to reduce hazardous and harmful alcohol use and substance use in general among young people in municipalities around the Baltic Sea region through local empowerment and capacity building.</p> <p>It is one of the flagship projects listed in the Action Plan of the EU Strategy for the Baltic Sea Region. The <b>outcome</b> for each participating municipality would be, <i>inter alia</i>:</p> <ul style="list-style-type: none"> <li>• Knowledge on situation in the own country/municipality</li> <li>• Knowledge on how young people in the own country/municipality relate to alcohol and other drugs</li> <li>• Exchange of experience with other participating countries/municipalities</li> <li>• Policy documents and manuals on preventive work for different needs</li> <li>• Checklists/templates for policymaking</li> <li>• Training for conducting surveys, interpreting the results, communicating the results</li> <li>• Plan for activities and implementation of methods for different needs</li> <li>• Financing for developing a sustainable preventive work in the municipality</li> </ul>	

		<p><b>Four Community Project (sub-project)</b></p> <p>Activities: All work packages and project implementation in the participating communities.</p> <p>Work packages; Sweden, Finland, Estonia, Iceland.</p> <p>Project Lead Partner: STAD</p> <p>Donor: Delegation of the European Union to the Russian Federation</p> <p><b>Current Development Stage:</b> Concept Note, March 10, 2011. Full application, June 8, 2011. Currently processing; the result will be announced in the end of September, 2011.</p> <p><b>Capacity Building for Alcohol and Drug Prevention among Young People (CIADY) (sub-project)</b></p> <p>Activities: All work packages and implementation in the participating communities</p> <p>Countries: Sweden, Finland, Estonia, Latvia</p> <p>Project Lead Partner: CAN</p> <p>Program: INTERREG IV A, Central Baltic Programme</p> <p><b>Current Development Stage:</b> Processing; the result will be announced at the end of October, 2011.</p>	<p>Klaipeda City (Lithuania), Kaliningrad City and Bagrationovskaya Region (Russia), West Pomeranian Region (Poland)</p> <hr/> <p>Nynäshamn and Region Gotland (Sweden), Kotka (Finland), Riga City Council (Latvia)</p>
<p><b>HIV/AIDS&amp;AI EG</b> (NDPHS Expert Group on HIV/AIDS and Associated Infections)</p>	<p>HIV Tuberculosis</p>	<p><b>Project title: Taking Up the Challenge: Developing Services to Contain the Spread of HIV and TB among Injecting Drug Users in Kaliningrad Oblast</b></p> <p><b>The aim of the project</b> is to contribute to the prevention of the spread of HIV and TB in Kaliningrad Oblast.</p> <p>The <b>specific objectives</b> of the project are to:</p>	<p>Project partners and associates:</p> <p>Germany Lithuania Poland Russia</p>

		<ul style="list-style-type: none"> <li>• Improve the provision of services to contain the spread of HIV and TB among IDUs by promoting cooperation between the government-run medical and social services and the NGOs;</li> <li>• Strengthen partnership between health officials and NGO activists from Kaliningrad Oblast (Russia) and their counterparts from Germany, Poland and Lithuania in tackling the HIV Epidemic in the Baltic Sea Region</li> </ul> <p>The estimated <b>results</b> of the project:</p> <ul style="list-style-type: none"> <li>• Service chain to contain the spread of HIV and TB among IDUs developed</li> <li>• Low threshold service point established</li> <li>• Drug treatment services improved</li> <li>• Action Plan to contain the spread of HIV and TB among IDUs developed</li> <li>• Partnership between specialists from Kaliningrad and their counterparts from Germany, Poland and Lithuania established</li> </ul> <p><b>Current development stage:</b> The 2<sup>nd</sup> project planning workshop was held on 15-17 May 2011 in Sopot, Poland. Further information: <a href="http://www.ndphs.org/?mtgs,hiv-aids&amp;ai_workshop_2">http://www.ndphs.org/?mtgs,hiv-aids&amp;ai_workshop_2</a>. The proposal was submitted to EU in June and is waiting for decision about financing.</p>	
<p><b>NCD EG 1.</b> (NDPHS Expert Group on Non-Communicable Diseases related to Lifestyles and Social and Work Environments)</p>	<p>Healthy lifestyles</p>	<p><b>NCD Flagship-A project: Prevention of over-weight, reduction of salt &amp; securing of vitamin-D in school children ages 7-15 in Northern Dimension geographical area</b></p> <p>FINAL DEVELOPMENT OBJECTIVE: Improved long term health among school-age children (7 – 15) by reducing selected essential NCD risk factors (obesity, sedentary lifestyle, high salt intake, low vitamin-D intake)</p> <p>IMMEDIATE OBJECTIVES: Achievement of sustainable nutritional and physical activity changes among youth so that:</p> <ul style="list-style-type: none"> <li>• weight would remain within normal range (BMI&gt; 25);</li> <li>• physical activity habits would continuously be above the minimum standard for healthy life (at least half-hour per day – or 3 times weekly for one hour);</li> </ul>	<p>Estonia, Finland, Latvia, Lithuania, N-W Russia (Saint Petersburg, Karelia, Vologda), Poland</p> <p>have expressed their interest</p>

		<ul style="list-style-type: none"> <li>• salt intake would be lower(not over 5 g per day) and</li> <li>• vitamin-D intake would be higher (50 micrograms per day).</li> </ul> <p>EXPECTED RESULTS</p> <ul style="list-style-type: none"> <li>• Report on prevalence and trends of overweight/ obesity epidemic, salt intake and vitamin-D intake in project countries and localities where project is implemented;</li> <li>• Report on evidence based experiences of what can be done to tackle overweight/ obesity epidemic and excess salt intake and insufficient vitamin-D intake among school-children;</li> <li>• Platform for practical action in schools and families and society as a whole to tackle problems has been created.</li> <li>• Project area (country specific) practically oriented, easy-to-use, empathetic toolkit(s) to tackle overweight/ obesity epidemic, excess salt intake and insufficient vitamin-D intake among schoolchildren is available for multisectorial use.</li> <li>• Project area (country specific) toolkit activities to tackle overweight/ obesity epidemic, excess salt intake and insufficient vitamin-D intake among school-children have been put into practice in project sites in a sustainable way.</li> <li>• Politicians, administrators and key professional groups (decision makers) at national, regional and local level: <ul style="list-style-type: none"> <li>➢ are convinced that of overweight/obesity, excess salt intake and vitamin-D deficiency are important individual and public health problems, where prevention is the only rational cost-effective solution;</li> <li>➢ have understood that health education (information) focusing on individual behaviour is important but not sufficient alone to solve the problem.</li> <li>➢ are aware that they have power to change many national, regional and local policies (laws, regulations, recommendations, enforcement)</li> <li>➢ have come up with a feasible plan of action of what are the needed and feasible policy changes leading to less overweight/obesity, lower salt intake and sufficient vitamin-D intake.</li> </ul> </li> <li>• National healthy nutrition and physical activity policies for school-children (7 – 15 yrs) in participating countries tackling the 3 identified core problems is available and disseminated to schools and families with school-aged children and key professional groups (physicians, nurses, teachers, social workers, school</li> </ul>	
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		<p>catering professionals, school and municipal administrators).</p> <ul style="list-style-type: none"> <li>• City and municipal planners and administrators and other key professional groups at national, regional and local level: <ul style="list-style-type: none"> <li>➤ are convinced that of overweight/obesity, excess is an important individual and public health problem, where prevention is the only rational cost-effective solution;</li> <li>➤ have understood that health education (information) focusing on individual behaviour is important but not sufficient to solve the problem alone.</li> <li>➤ are aware that they have possibility and skill to change city/ municipal planning and construction provided that political decision makers are on their side and same wave-length with them and the ultimate beneficiaries, children and their families –in other words our positive future.</li> <li>➤ have come up with a feasible suggestions for action of what are the needed and feasible structure.</li> </ul> </li> <li>• A clear understanding of the size and severity of the overweight and obesity problem is available.</li> <li>• At least 50 % of the group of overweight and obese pupils have participated in the special</li> <li>• programme.</li> <li>• Statistically significant impact of the intervention has been measured.</li> </ul> <p><b>NCD Flagship A Current development stage:</b> The 2<sup>nd</sup> project planning meeting was held on 13-15 June, in Kaliningrad, Russia. The 3<sup>rd</sup> project planning meeting is held on 3 October, in Kaliningrad, Russia. Further information:  <a href="http://www.ndphs.org/?mtgs.ncd_project_planning_2">http://www.ndphs.org/?mtgs.ncd_project_planning_2</a> and  <a href="http://www.ndphs.org/?mtgs.ncd_3">http://www.ndphs.org/?mtgs.ncd_3</a></p>	
<p><b>NCD EG 2.</b>  (NDPHS Expert Group on Non-Communicable Diseases related to Lifestyles and Social</p>	<p>Non-Communicable Diseases</p>	<p><b>NCD Flagship-B project: Results! Effective implementation of NCD prevention strategies in Northern Dimension geographical area</b></p> <p>FINAL DEVELOPMENT OBJECTIVE  Improved long term health of the population</p>	<p>Estonia, Finland, Latvia, Lithuania, N-W Russia (Saint Petersburg, Karelia, Vologda),</p>

<p>and Work Environments)</p>		<p><b>IMMEDIATE OBJECTIVES:</b>  The main goal of this project is to tackle NCD epidemic and to support Northern Dimension countries to efficiently implement NCD prevention strategies by:</p> <ul style="list-style-type: none"> <li>• ensuring that local, regional and national strategies are focusing on priority areas</li> <li>• ensuring that local, regional and national strategies are feasible (implementable)</li> <li>• motivating and encouraging local actors to identify common targets, modes of cooperation, and ways of action</li> <li>• supporting local actors in finding ways to diminish the influence of the financial, human, institutional constraints and counteracting forces in NCD preventing action</li> <li>• contributing to develop effective and efficient mechanisms for implementation of NCD prevention strategies in participating countries</li> <li>• improving the "management-of-change" in order to make the local, regional and national strategies implemented</li> <li>• revealing how important NCD's are from economic point of view and how expensive it will be to society if the present trends are not changed and that actually NCD's are socially communicable</li> </ul> <p><b>EXPECTED RESULTS:</b></p> <ul style="list-style-type: none"> <li>• A system to calculate PYLL (Potential Years of Life Lost) at regular 2-3 year intervals has been set up.</li> <li>• An analysis of NCD situation and trends compared with national and international averages have been set up.</li> <li>• Management meeting at project sites will jointly have discussed and debated the results and use PYLL and other additional indicators for designing a realistic intervention plan to reduce NCDs in priority among most common disease groups.</li> <li>• Country-specific missions by international NCD and public health and administrative experts, leading into assessment of the country's situation vis-à-vis its stand and priority challenges in the fight against NCDs.</li> <li>• National assessment reports with recommendations for urgent action published and disseminated.</li> <li>• Overall report of all participating countries with summary recommendations for synergistic action and for future collaboration to facilitate the change.</li> </ul>	<p>Poland</p> <p>have expressed their interest</p>
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<p><b>NCD EG 3.</b> (NDPHS Expert Group on Non-Communicable Diseases related to Lifestyles and Social and Work Environments)</p>	<p>Non-Communicable Diseases</p>	<p><b>NCD Flagship-B PILOT-project</b> <b>Project title: Healthier People: Management of Change through Monitoring and Action</b> (in Saint Petersburg, Kalininskiy District ca. 500 000 inh)</p> <p>The <b>overall aim</b> of the project is to reduce premature avoidable deaths in target population and to make a stop to ongoing non-communicable disease epidemic and accidents, and start improvement.</p> <p>The <b>immediate objectives</b> of the project are to:</p> <ul style="list-style-type: none"> <li>• measure the project area population’s number of potential years of life lost (PYLL), an internationally agreed indicator of avoidable mortality in 28 categories among under 70 year old;</li> <li>• improve methods for “managing the change” locally and regionally;</li> <li>• strengthen the understanding the importance of “healthy choices” locally and regionally</li> </ul> <p>The estimated <b>results</b> of the project:</p> <ul style="list-style-type: none"> <li>• Setting up of the system for measuring PYLL (potential years of life lost) in target areas in Russia</li> <li>• Having tested the feasibility of using PYLL analysis as a tool for management and measuring health gain policies and interventions at regional and city-levels</li> <li>• Implementation of strategic plan for intervention based on consensus meetings with stakeholders</li> <li>• 4) Implementation of action with biggest possible health gain in the target population.</li> </ul> <p><b>Current development stage:</b> This Grant Application is ongoing through the Contracting Authority: Delegation of the European Union to Russian Federation. the project concept (tentative budget (200 000 € + 50 000€) was submitted for evaluation on 10 March and has passed the first screening in April. The project</p>	<p>Saint Petersburg (Kalininskiy District)</p>

		<p>elaborated a full project proposal to the Contracting Authority with deadline by 8 June 2011. Decision of grant award to be expected in early October 2011.</p> <p>As partners of the project proposal are:</p> <p><b>A) Lead Partner:</b> Lappeenranta University of Technology, FI-2011-FDQ-0103975087, public law body, Finland.</p> <p><b>B) Partners:</b> University of East Finland/ Kuopio, public law body, FiBaltic Region Healthy Cities Association, registered association / Finland, Tallinn University, body governed by public law / Estonia The NGO Development Centre, Registered charitable NGO/ SPb Russian Federation</p> <p><b>C) Associate Partners:</b></p> <ul style="list-style-type: none"> <li>• Samfundert Folkälsan, NGO/ Finland</li> <li>• Committee for Social Policy and Administration SPb. Department for demographic Questions &amp; Gender Policy, Executive body for Regional authority, SPb/ RF</li> <li>• Saint Petersburg State University, public law body, SPb RF</li> <li>• The Federal Research Institute for Health Care Organization and Informatization, Fund, Moscow, RF</li> </ul>	
<p><b>OSH TG</b> (NDPHS Task Group on Occupational Safety and Health)</p>	<p>Occupational health and safety</p>	<p><b>Project title: Development of Occupational Health Services. Part 2: Professional training and information dissemination.</b></p> <p>The <b>overall aim</b> of the project is to assist selected countries to develop and upgrade the effectiveness and professional competence of their occupational health systems. The project is aimed at the implementation of the NDPHS “Health at Work” strategy, item 3 on occupational health services.</p> <p>The <b>immediate objectives and results</b> of the project are:</p> <ul style="list-style-type: none"> <li>• Ensuring the capacities in occupational health and safety –Training of occupational health professionals</li> <li>• Achieving impact through information</li> <li>• Improved thematic information access through the NDPHS</li> </ul>	<p>BSN and NDPHS countries: Estonia Finland Latvia Lithuania Norway Poland North-West Russia (other countries invited to participate)</p>

		<p><b>Current development stage:</b> The OSH TG and the BSN network are working on the project development. It is planned that the project will be further discussed at the International OSH Forum to be held on 20-22 June 2011 in Helsinki, Finland. Different options for funding possibilities are currently being explored.</p>	
<p><b>PPHS EG</b> (NDPHS Expert Group on Primary Health and Prison Health Systems)</p>	<p>Primary health care</p>	<p><b>Possible project title: Developing new roles and tasks to local hospitals in support of primary health care in BSR. Development of transnational policy conclusions (project proposal) on best model solutions for local hospitals to support high quality primary care in BSR.</b></p> <p><b>Background:</b> Balancing health care from local hospitals focusing more on community and primary health care is important in order to achieve more rational and equitable use of available health care resources. Almost all countries in BSR have ongoing reforms of health care systems, including strengthening out-patient primary care and restructuring or closing of small local hospitals. Often such hospitals do not fully correspond to real society needs, but reform proposals lead to political disagreement between national health care planners and local politicians. Such controversies are caused by a strong belief by local populations in the procedures offer by local hospitals, regardless of the real justification for this confidence. Thus, efforts are needed to develop transnational policy conclusions on how to get the best contributions to high quality primary health care through local hospitals, organized in the most appropriate and optimal way.</p> <p>The <b>immediate objectives and results</b> of the possible project are the development of transnational policy conclusions on how to get the best contributions to high quality primary health care through local hospitals, organized in the most appropriate and optimal way.</p> <p><b>Current development stage:</b> the possible project is at a very early development stage. The first project planning meeting will take place on 17 May 2011 in Riga, Latvia</p>	<p>Finland Latvia Lithuania Poland</p> <p>Russia</p>
<p><b>PPHS EG</b> (NDPHS Expert Group on Primary Health and Prison Health Systems)</p>	<p>Primary health care</p>	<p><b>Project title: 4Bs For Health: Building Bridges, Breaking Borders</b></p> <p><b>Overall objective:</b> To enhance border health management through development of effective and efficient Primary Health Care, with particular attention to cross-border disease prevention, health promotion and control of communicable diseases.</p>	<p>Lithuania Russia Poland</p>

		<p><b>Specific objectives:</b></p> <ul style="list-style-type: none"> <li>• To improve legal and educational framework and environment for a modernised and economically sustainable Primary Health Care system, with an increased role of disease prevention, and health promotion.</li> <li>• To develop and implement a modernised Primary Health Care model on a pilot basis in the partner countries.</li> <li>• To build the capacity of regional and local authorities in developing, implementing and sustaining public health policies, programmes and services, in particular on control of communicable diseases.</li> </ul> <p><b>Current development stage:</b> The project is in the development stage by Lithuanian, Russian and Polish partners and will be submitted under Lithuania-Poland-Russia Cross-border Cooperation Programme 2007-2013.</p>	
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