

**EG on SIHLWA  
Sixth Meeting  
Oslo, Norway  
30 September – 01 October 2008**

<b>Reference</b>	SIHLWA 6/2/3-b
<b>Title</b>	SIHLWA-5 ANNEXES of FINAL DRAFT Report of EG mtg Oslo 6-7 March 2008
<b>Submitted by</b>	SIHLWA Coordinating Chairman
<b>Summary / Note</b>	ANNEXES of SIHLWA-5 meeting
<b>Requested action</b>	For final approval

# ANNEXES



*Northern Dimension*  
Partnership in Public Health  
and Social Well-being  
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**REPORT ON  
NDPHS<sup>1</sup> Expert Group  
“Social Inclusion, Healthy Lifestyles & Work Ability”  
5<sup>th</sup> Meeting of “SIHLWA”  
Oslo 6 -7 March 2008**

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<sup>1</sup> Northern Dimension Partnership in Public Health and Social Wellbeing

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## ANNEX 1:

<b>Reference</b>	SIHLWA 5/2/Info 1
<b>Title</b>	Scope and purpose of the NDPHS SHILWA EG
<b>Submitted by</b>	SIHLWA Coordinating Chairman
<b>Summary / Note</b>	-
<b>Requested action</b>	For information

As stipulated by the Terms of Reference<sup>2</sup> provided by the Northern Dimension Partnership in Public Health and Social Wellbeing (NDPHS) governing bodies and as indicated in the Annual Action Plan for 2008<sup>3</sup> the Expert Group on “**Social Inclusion, Healthy Lifestyles & Work Ability**” (“**EG on SIHLWA**”) will organize its 5th meeting 6 (Thursday) – 7 March (Friday) 2008 in Oslo/ Norway, sponsored by the Ministry of Health and Care Services.

The **EG SIHLWA** consists of 3 sub-groups:

**Subgroup on Alcohol** (Chair Kari Paaso<sup>4</sup>/WHO-EURO, Co-chair Evgeny Krupitsky<sup>5</sup>/Department of Addictions Research Laboratory, Leningrad Regional Center of Addictions);

**Subgroup on Adolescent Health and Socially-Rewarding Lifestyles** (Chair Mikko Vienonen<sup>6</sup>/SIHLWA Coordinator, Co-chair Dr. Aldona Jociute<sup>7</sup>, Head of Bureau for Health Promoting Schools of State Environment Centre of Lithuania);

**Subgroup on Occupational Safety and Health (OSH)** (Chair Wiking Husberg<sup>8</sup>/ ILO-Russia, Co-chair Remigijus Jankauskas<sup>9</sup>/ Institute of Hygien/MoH/ Lithuania)

WHO-EURO Division of Health Programmes provides overall oversight from WHO side.

In the previous 4th SIHLWA meeting in May 2007, the Expert Group discussed the overall Action Plan for the EG SIHLWA and its sub-groups for 2008 and the final document was adopted by the Partnership Annual conference in Vilnius on 16 November 2008, after e-mail consultation with the sub-groups’ chairs, co-chairs and SIHLWA members. The SIHLWA Action Plan for 2008 is available as annex of this document and also on [www.ndphs.org/expert\\_groups/documents](http://www.ndphs.org/expert_groups/documents).

As usual, this 5<sup>th</sup> SIHLWA meeting will have all three sub-groups (see above) coming together, and the program will consist of joint sessions and individual sub-group sessions as indicated in attached proposed provisional program.

Common SIHLWA topics to be discussed with all three sub-groups together will include:

- Reviewing the SIHLWA report from 2007 and discussing the lessons learned from our past experience, strengths and weaknesses.
- Reviewing together the 2008 SIHLWA Action Plan and discussing the implementation in practice. The NDPHS data-base project gives the expert group a challenge to elaborate thematic papers and situation analyses on the Northern dimension Region, which OSH sub-group already has started.

<sup>2</sup> See in ANNEX 8

<sup>3</sup> See in separate document

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- Reporting on the PAC-4 meeting (16 November 2007) conclusions.
- Reporting on the pre-PAC Forum meeting on “Healthy Life – Healthy Work” and the adopted Strategy on Health at Work
- Updating the NDPHS Database project:
  - Reviewing together the SIHLWA Info-Sheet content and providing the secretariat suggestions for improving its content.
  - Discussing the situation of sub-group based thematic papers for the data-base project (as already started by OSH-group). Steps forward.
- Continuing work on strengthening links with main partners (especially WHO-EURO, ILO/Russia, and national actors on NCDs and healthy lifestyles.
- Strengthening collaboration with NDPHS Secretariat in Stockholm.
- Providing an update on the NDPHS project pipe-line and how it can relate with SIHLWA activities.

Following the recommendations of previous meetings, sufficient working time will be allocated to three sub-groups, namely 1) alcohol, 2) adolescent health and social well-being, and 3 occupational health & safety to elaborate on their own ongoing projects and country specific work:

**The subgroup on adolescent health and socially-rewarding lifestyles** will:

- Review the progress of NCM and Finland funded project on “**Alcohol and Drug Prevention among Youth in St. Petersburg**” which started in November 2007.
- Discuss the content of **thematic report on ADO for NDPHS Data-Base project** to compile a profile on youth’s health behaviour and on existing policies targeted at youth’s health at north-west Russia and Northern Europe. This “Northern dimension youths health profile” would comprise information on youths (10-25 year olds) substance misuse and other risk behaviour, such as sexual behaviour and nutrition.
- Innovate on new project opportunities and ideas.

The **subgroup on alcohol** will:

- Elaborate on project planning of **Prevention of Hazardous & Harmful Use of Alcohol: Early Identification and Brief Intervention “EIBI”**. Early identification/brief intervention is an effective tool for the prevention of harmful drinking which makes use of a relatively well-established infrastructure and communication channels.
- Discuss the content of **thematic report on ALC for NDPHS Data-Base project and focus on brief intervention-related questions**. In Finland, Norway and Sweden, for instance, the report could give an overall view of past and present efforts to disseminate brief intervention, of the results of such efforts and, depending on the availability of data, on the size of the population that could benefit from brief intervention and support for controlled drinking. In countries where brief intervention is still a novelty, the report could focus for instance on potential partners for co-operation, existing materials and resources, and on the data available to estimate the size and nature of the target population. The Country Profile Questionnaire developed in the PHEPA project could be used where applicable.
- Further elaborate and develop plans and programme for **seminar on EU law on alcohol control and assessment of its impact on national alcohol policy consideration**.
- Innovate on new project opportunities and ideas.

**The subgroup on occupational safety and health (OSH)** will:

- Review the progress of the ILO NW Russia OSH project and the plans to start a occupational health study in the transport sector in selected countries.
- Reviewing the progress of “**Occupational Safety and Health (OSH) in north-Western Russia**” with funding from Finland and ILO (2007-08).
- Discuss a project proposal on the development of **OSH in the Public Transport Sector in the Baltic Countries**.
- Further elaborating the **thematic report on OSH for NDPHS Data-Base project**, specifically the preparation of national OSH profiles in selected countries.

Registration and practical meeting support will be provided by The Ministry of Health and Care Services of Norway (details available in the registration form).

This SIHLWA meeting will be a challenging opportunity to move further towards practical implementation of important lifestyle related activities in the Northern Dimension Partnership area. Therefore, it would be important to have representation from as many partnership countries and organizations as possible. The attached SIHLWA membership list indicates clearly that all subgroups have not been sufficiently represented by partnership countries and organizations, yet.

The participants of this EG SIHLWA meeting would consist of public health experts nominated by the different member countries of the partnership. Affiliated international public health agencies like WHO, ILO, etc. are also invited to send their experts. Additionally, public health institutes and relevant NGOs in respective countries are welcome to participate. We expect that approximately 40-50 people would be present.

A special challenge for this Expert Group will be how we can best benefit from the synergy that the three subgroups will pose. To have three parallel meetings taking place at the same time would not serve the purpose. However, in a heterogeneous group it is also important that the three theme groups can have time for their own deliberations. The program has been designed so that these competing needs could be properly balanced and addressed.

There will be simultaneous English – Russian interpretation for all plenary session. Thematic meetings may not all be able to provide simultaneous interpretation, except for one sub-group with most Russian speakers participating. However, through ad hoc arrangements participation in both languages will be facilitated as much as possible.

Dr. Mikko Vienonen

Coordinating Chair for Northern Dimension Partnership Expert Group on “Social Inclusion, Healthy Lifestyles & Work Ability”

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## **ANNEX 2:**

<b>Reference</b>	SIHLWA 5/2/1
<b>Title</b>	Provisional Agenda
<b>Submitted by</b>	Chair
<b>Summary / Note</b>	-
<b>Requested action</b>	Adoption

1. **Opening of the meeting and welcome**
2. **Adoption of the Agenda**
  - **Making note of SIHLWA functionaries in 3 sub-groups (ALC, ADO & OSH)**
  - **Discussing nominations of SIHLWA members**
  - **For information of SIHLWA 2007 Annual Report**
  - **For information SIHLWA Annual progress report 2007**
  - **For Discussion SIHLWA Action Plan 2008**
4. **Information about the NDPHS, including Project Database and Project Pipeline**
5. **Three sub-group parallel meetings (ALC, ADO, OSH)**
  - **Each group provide their own documents as relevant**
6. **Reports and conclusions of sub-groups (ADO, ALC, OSH)**
9. **Next meeting**
10. **Any other business**
11. **Closing of the meeting**

**ANNEX 3: PROGRAMMES****OVERALL SIHLWA PROGRAMME (PLENARIES)****1st DAY: Thursday 06 March 2008**

TIME	TOPIC	NAME OF SPEAKER	POSITION/INSTITUTE/ORGANIZATION	COMMENTS
<b>11:30-12:00 REGISTRATION</b>				
TIME	TOPIC	NAME OF SPEAKER	POSITION/INSTITUTE/ORGANIZATION	COMMENTS
12:00 - 13:00 PLENARY	1. Opening	1) Ms Toril Roscher-Nielsen 2) Dr. Mikko Vienonen 3) Mr Marek Maciejovski 4) Mr. Wiking Husberg 5) Mr Kari Paaso 6) ADO to be confirmed	1) Director General 2) NDPHS EG SIHLWA Coordinating Chair 3) NDPHS Representative 4) OSH sub-group Chairperson 5) Alcohol sub-group Chairperson 6) Adolescents' sub-group Co-chairperson	1 - 3) Welcome by the hosting Ministry of Health & Care Services / Norway, NDPHS SIHLWA EG and NDPHS Secretariat.  4 – 6) Introduction by sub-group chair-persons and/or co-chairpersons
<b>13:00 – 14:00 LUNCH</b>				
14:00 - 13:30 PLENARY	2. SIHLWA Administrative issues	Dr. Mikko Vienonen	SIHLWA Coordinating Chair	2.1) Approval of May 2007 4 <sup>th</sup> mtg report 2.2) Review of the SIHLWA's progress report 2007) 2.3) SIHLWA's action plan 2008 2.4) Other timely issues
14:30 - 15:00 PLENARY	3. NDPHS Database project update	NDPHS secretariat Representatives of ADO, ALC and OSH sub-groups	Names of speakers to be confirmed)	3.1) Updated information will be provided 3.2) Reports from sub-groups on data-base and project pipeline. 3.3) Discussion
<b>15:00 Take COFFEE or TEA to sub-group sessions</b>				
15:00 - 17:30	4. Parallel sub-group sessions: 1. Alcohol 2. OSH 3. Adolescent Health	Facilitated by sub-group Chairpersons, Co-Chairpersons and notes taken by selected Rapporteurs		Each sub-group have prepared their own agenda in line with the Scope & Purpose of the meeting. See the web-site available at <a href="http://www.ndphs.org/?mtgs,sihlwa_5_oslo">http://www.ndphs.org/?mtgs,sihlwa_5_oslo</a>
<b>20:00 DINNER HOSTED BY Norwegian Ministry of Health and Care Services</b>				

**2nd DAY: Friday 07 March 2007**

TIME	TOPIC	NAME OF SPEAKER	POSITION/INSTITUTE/ORGANIZATION	COMMENTS
09:00 - 10:30	5. parallel sub-group sessions CONTINUE: 1. Alcohol 2. OSH 3. Adolescent Health	Facilitated by sub-group Chairpersons, Co-Chairpersons and notes taken by selected Rapporteurs		According to sub-groups' own agenda
<b>10:30 – 11:00 COFFEE BREAK</b>				
11:00 - 13:00	6. parallel sub-group sessions CONTINUE: 1. Alcohol 2. OSH 3. Adolescent Health	Facilitated by sub-group Chairpersons, Co-Chairpersons and notes taken by selected Rapporteurs		According to sub-groups' own agenda
<b>13:00-14:00 LUNCH</b>				
<i>(Coffee and other refreshments available during afternoon sessions)</i>				
14:00 - 15:30 PLENARY	7. FEED BACK FROM sub-groups (1-2-3) Discussion Closing of official part of SIHLWA meeting	From each sub-group rapporteur Facilitated by Dr Mikko Vienonen and sub-group Chairpersons and Co-Chairpersons		<ul style="list-style-type: none"> <li>• Agreement on next meeting</li> <li>• Agreement on SIHLWA and sub-group functionaries</li> </ul>
15:30 - 16:30 PLENARY	Opportunity for sub-groups still to have final meetings as necessary			If needed
<b>16:00 Closing of the meeting</b>				



## ADO Sub-group Provisional Programme

(note: grey parts will be in plenary for ALL SIHLWA. Without shading – takes place in ADO sub-group)

### ADO 1st DAY: Thursday 6<sup>th</sup> March 2008

TIME	TOPIC	NAME OF SPEAKER	POSITION/ INSTITUTE/ ORGANIZA- TION	Comments
<b>11:30-12:00 REGISTRATION with COFFEE/TEA</b>				
12:00 - 14:30 PLENARY	Opening SIHLWA Administrative issues Key-note presentation on non-communicable disease prevention strategy NDPHS Database project	<ul style="list-style-type: none"> <li>Host-government welcome &amp; introduction</li> <li>SIHLWA functionaries comments</li> <li>NDPHS Secretariat</li> </ul>		Key-note presentation on timely strategic issues and what repercussions and implications it has on the work of SIHLWA Expert Group
<b>14:30 – 15:00 COFFEE BREAK</b>				
15:00 – 15:30 sub-group	Introduction of ADO-sub-group participants and short inventory of related issues ongoing in our respective countries and organizations. What SIHLWA-related activities are on our annual agenda?	All SIHLWA ADO-experts  Facilitated by ADO-Chairperson Mikko Viononen		Rapporteur to be nominated  Outcome: note will be taken and participants have an opportunity to hand in their abstracts in writing.
15:30 – 16:30 sub-group	THEME 1: Discussion on the practical implications, possibilities and challenges of the NDPHS project database project and project pipeline from ADO point of view. ADO-thematic paper	Introduction to the topic by Dr Mikko Viononen  Dr Tiina Laatikainen  All SIHLWA ADO-experts	SIHLWA ADO-chair  Chief Physician/ National Public Health Institute/ Finland GSM: 358-40-549-6682 e-mail: <a href="mailto:tiina.laatikainen@ktl.fi">tiina.laatikainen@ktl.fi</a>	ADO sub-group sessions Outcome: better idea of how SIHLWA ADO-sub-group can become involved in the database development and prepare ADO thematic paper.
16:30 -17:30 sub-group	THEME 2: What do we know of prevention of marginalization among adolescents? Introduction to the “FRIENDS”-programme	Dr Simon-Peter Neumer, Regioncenter for barn og unges psykiske helse (R.BUP) Helseregion Öst & Sör, N-0801 Oslo, Pb 23, Tåsen, <a href="mailto:simon-peter.neumer@r-bup.no">simon-peter.neumer@r-bup.no</a>	Senior Lecturer Tel: +47-22-028652 GSM: +47-95 820508	Experience from Norway of an Australian programme in schools to prevent marginalization The ultimate aim of this exercise is to discuss the need of a publication for networking and possible project planning
<b>time to be confirmed DINNER HOSTED BY MINISTRY OF HEALTH</b>				

**ADO 2nd DAY: Friday 7<sup>th</sup> March 2008**

TIME	TOPIC	NAME OF SPEAKER	POSITION/ INSTITUTE/ ORGANIZA- TION	COMMENTS
09:00 – 10:30 sub-group	THEME 2 CONTINUES: 2 <sup>nd</sup> session (continuation from 1 <sup>st</sup> day) PRESENTATIONS AND DISCUSSION CONCLUSIONS	Dr Simon-Peter Neumer,  All SIHLWA ADO-experts		The ultimate aim of this exercise is to discuss the need of networking and possible project planning
<b>10:30 – 11:00 COFFEE BREAK</b>				
11:00 – 12:30 sub-group	THEME 3: Alcohol and drug prevention among youth. How to plan a 1) media seminar and 2) a seminar for administrators' & politicians' on alcohol awareness in the society, especially to protect children and youth, PRESENTATIONS AND DISCUSSION	Ms Anna Skvortsova and others	Director, Information and Analysis Center for social & Health NGOs, St Petersburg, Russia GSM: +7-921-939-5590 e-mail: iac-ngo@yandex.ru	Experience from NDPHS countries and lessons learned from Alcohol and Drug Prevention among youth in SPb project.
12:30 – 13:00 sub-group	Conclusions for reporting to other sub-groups	Facilitated by ADO sub-group rapporteur		Outcome: report to be presented at the last SIHLWA plenary
<b>13:00-14:00 LUNCH</b>				
<i>(Coffee and other refreshments available during afternoon sessions)</i>				
14:00 - 15:30 PLENARY	FEED BACK FROM sub-groups (1-2-3)  Closing of official part of SIHLWA meeting	From each sub-group rapporteur Facilitated by Dr Mikko Vienonen and sub-group Chairpersons and Co-Chairpersons		<ul style="list-style-type: none"> <li>• Agreement on next meeting</li> <li>• Agreement on SIHLWA and sub-group functionaries</li> </ul>
<b>16:00 Closing of the meeting</b>				
15:30-16:30 sub-group	Opportunity for sub-groups still to have final meetings as necessary	All experts		IF NEEDED

## ALC Sub-group Provisional Programme

(note: grey parts will be in plenary for ALL SIHLWA. Without shading – takes place in ALC sub-group)

### *ALC 1st DAY: Thursday 6 March*

TIME	TOPIC	NAME OF SPEAKER	POSITION/ INSTI- TUTE/ORGANIZATION	Comments
<b>11:30-12:00 REGISTRATION with COFFEE/TEA</b>				
12:00 - 14:30  PLENARY	Opening SIHLWA Administrative issues Key-note presentation on non-communicable disease prevention strategy NDPHS Database project	<ul style="list-style-type: none"> <li>• Host-government welcome &amp; introduction</li> <li>• SIHLWA functionaries comments</li> <li>• Head of the NDPHS Secretariat</li> </ul>		Key-note presentation on timely strategic issues and what repercussions and implications it has on the work of SIHLWA Expert Group
<b>14:30 – 15:00 COFFEE BREAK</b>				
15:00 – 16:00 sub-group	Introduction of ALC-sub-group participants and short inventory of related issues ongoing in our respective countries and organizations; Update of ongoing European topics: e.g. WHO/EB discussion and draft resolution on alcohol; upcoming Building Capacity conference in Barcelona.	Kari Paaso & all experts		e.g. Finland: new developments on warning labels, higher excise duties. Outcome: note will be taken and participants have an opportunity to hand in their abstracts in writing.
16:00 – 17:30 sub-group	Discussion on the EIBI project: Feasibility study on the use of Early Identification and Brief Intervention in the Leningrad region.	Introduction: Marjatta Montonen All experts		The best ways to carry out the project
<b>19:00-21:00 DINNER HOSTED BY MINISTRY OF HEALTH</b>				

**ALC 2nd DAY: Friday 7 March 2008**

TIME	TOPIC	NAME OF SPEAKER	POSITION/INSTITUTE/ ORGANIZATION	COMMENTS
09:00 – 10:30 sub-group	Elaboration and developement of a programme for a seminar on EU law (legislation and jurisprudencia) on alcohol control and asesement of its impact on national alcohol policy considerations; financing, resources, date, place	All experts		We will continue the discussions and finalise the programme. We will also discuss possible collaborators, sources of financing, other resources.
<b>10:30 – 11:00 COFFEE BREAK</b>				
11:00 – 12:00 sub-group	Thematic reports from each country on the state of play on brief intervention/early identification projects in respective countries		The request to produce thematic reports for the database has come from the NDPHS Secretariat and this was discussed briefly at the previous meeting. It was preliminary decided that the first reports could be on the EIBI projects in each country. PHEPA templates could be considered	
12:00 – 12:30 sub-group	Conclusions for reporting to other sub-groups	Facilitated by ALC sub-group rapporteur	Rapporteur to be nominated	Outcome: report to be presented at the SIHLWA plenary
<b>12:30-13:30 LUNCH</b>				
<i>(Coffee and other refreshments available during afternoon sessions)</i>				
13:30 - 15:00 PLENARY	FEED BACK FROM sub-groups (1-2-3)  Closing of official part of SIHLWA meeting	From each sub-group rapporteur Facilitated by Dr Mikko Vienonen and sub-group Chairpersons and Co-Chairpersons		<ul style="list-style-type: none"> <li>• Agreement on next meeting</li> <li>• Agreement on SIHLWA and sub-group functionaries</li> </ul>
<b>16:00 Closing of the meeting</b>				
15:00-16:00 sub-group	Opportunity for sub-groups still to have final meetings as necessary	All experts		if needed

## OSH Sub-group Provisional Programme

(note: grey parts will be in plenary for ALL SIHLWA. Without shading – takes place in OSH sub-group)

### *OSH 1st DAY: 6<sup>th</sup> March 2008*

TIME	TOPIC	NAME OF SPEAKER	POSITION/ INSTITUTE/ ORGANIZA- TION	Comments
<b>11:30-12:00 REGISTRATION with COFFEE/TEA</b>				
12:00 - 14:30 PLENARY	Opening SIHLWA Administrative issues Key-note presentation on non-communicable disease prevention strategy NDPHS Database project	<ul style="list-style-type: none"> <li>• Host-government welcome &amp; introduction</li> <li>• SIHLWA functionaries comments</li> <li>• NDPHS Secretariat</li> </ul>		Key-note presentation on timely strategic issues and what repercussions and implications it has on the work of SIHLWA Expert Group
<b>14:30 – 15:00 COFFEE BREAK</b>				
15:00 – 15:30 sub-group	Introduction of OSH-sub-group participants and short inventory of related issues ongoing in our respective countries and organizations. What SIHLWA-related activities are on our annual agenda?	All SIHLWA OSH-experts  Facilitated by OSH-Chairperson Wiking Husberg		Rapporteur to be nominated
15:30 – 16:30 sub-group	THEME 1: Review of the new Strategy “Health at Work” with the aim to develop an implementation plan	Wiking Husberg All SIHLWA OSH-experts	ILO SRO Moscow	
16:30 -17:30 sub-group	THEME 2: Report on the FIOH project proposal: status and work plan	Suvi Lehtinen	FIOH	Included in the NDPHS pipeline
<b>time to be confirmed DINNER HOSTED BY MINISTRY OF HEALTH</b>				

**OSH 2nd DAY: Friday 7 March 2008**

TIME	TOPIC	NAME OF SPEAKER	POSITION/ INSTITUTE/ ORGANIZA- TION	COMMENTS
09:00 – 10:30 sub-group	THEME 2 CONTINUES: Country reports: Status and future plans. Preparation of national and regional profiles based on ILO Convention 187	Timo Leino All SIHLWA OSH-experts	FIOH	Inclusion of OSH country reports and OSH information to the NDPHS database
<b>10:30 – 11:00 COFFEE BREAK</b>				
11:00 – 12:30 sub-group	THEME 3: Development of strategic project proposal(s) for the implementation of the Health at Work Strategy in the NDPHS countries	All SIHLWA OSH-experts		To be included into the NDPHS pipeline
12:30 – 13:00 sub-group	Conclusions for reporting to other sub-groups	Facilitated by OSH sub-group rapporteur		Outcome: report to be presented at the last SIHLWA plenary
<b>13:00-14:00 LUNCH</b>				
<i>(Coffee and other refreshments available during afternoon sessions)</i>				
14:00 - 15:30 PLENARY	FEED BACK FROM sub-groups (1-2-3)  Closing of official part of SIHLWA meeting	From each sub-group rapporteur Facilitated by Dr Mikko Vienonen and sub-group Chairpersons and Co-Chairpersons		<ul style="list-style-type: none"> <li>• Agreement on next meeting</li> <li>• Agreement on SIHLWA and sub-group functionaries</li> </ul>
<b>16:00 Closing of the meeting</b>				
15:30-16:30 sub-group	Opportunity for sub-groups still to have final meetings as necessary	All experts		IF NEEDED

ANNEX 4: update 07.03.2008/ Officially nominated representatives for SIHLWA ( the remaining are “ad hoc” – members)										
SIHLWA Coordinating Chairperson: Mikko Vienonen, e-mail: <a href="mailto:m.vienonen@kolumbus.fi">m.vienonen@kolumbus.fi</a> Tel GSM: +358-50-4421 877										
SIHLWA ITA (International Technical Adviser): Hanna Koppelomäki , e-mail: <a href="mailto:hanna.koppelomaki@ktl.fi">hanna.koppelomaki@ktl.fi</a> Tel: +358-9-4744 8327										
	COUNTRY		ADO	ADO alternates		ALC	ALC alternates		OSH	OSH alternates
		1	Chair: Mikko Vienonen		1	acting Chair: Kari Paaso		1	Chair: Wiking Husberg	
		ok	Co-chair: Aldona Jociute		ok	Co-chair: Evgeny Krupitsky		ok	Co-chair: Remigijus Jankauskas	
1	CANADA	1	Robert (Bob) Shearer		1	Nathan Lockhart			to be appointed?	
2	DENMARK		not participating			not participating			not participating	
3	ESTONIA	1	Iisi Saame		1	Sirje Bunder	Marge Reinap	1	Irma Nool	
4	FINLAND	1	Tiina Laatikainen	Mika Pyykkö & Hanna Heikkilä V. Korpelainen	1	Marjatta Montonen	Salme Ahlström P. Hakkarainen Ksenia Glebova	1	Suvi Lehtinen	Kari Kurppa & Timo Leino
5	FRANCE		to be appointed ?			to be appointed ?			to be appointed ?	
6	GERMANY		to be appointed ?			to be appointed ?			to be appointed ?	
7	ICELAND		not participating			not participating			not participating	
8	LATVIA	1	Lolita Melke		1	Inita Avotina	Ilse Bogdanovica		to be appointed?	
9	LITHUANIA	1	Aldona Jociute		1	Kriveliene Gelena	Virginija Am- brazeviciene	1	Remigijus Jankauskas	
10	NORWAY	1	Simon-Peter Neumer		1	Bent Bull		1	Trygve Eklund	Mona Bondevik Axel Wannag
11	POLAND	1	Janusz Sieroslawski			to be appointed?		1	Eliza Iwanowicz	
12	RUSSIA	1	Natalia Kostenko	Tatiana Shestakova	1	Evgeny Krupitsky		1	Nikolai Izmerov	Evgeny Kovalevsky
13	SWEDEN	1	Karin Nilsson-Kelly	Bengt Sund- baum	1	Sven Andréasson	Louise Malmgren Pi Högberg		to be appointed?	
1	BSSSC	1	Arvid Wangberg		1	Juri Tomilov		1	Niels Rasmussen	
2	B-EAC		N.A.			N.A.			N.A.	
3	CBSS	1	Lars Lööf			N.A.			N.A.	
4	ILO		N.A.			N.A.		1	Roman Litvyakov	
5	IOM		N.A.			N.A.			N.A.	
6	NCM	2	P-M de Palo & M Petzold/ NHV	C. Peltonen & M. Sagitova	1	Matilda Hellman (NAD)	Pia Rosenquist (NAD)		N.A.	
7	UNAIDS		N.A.			N.A.			N.A.	
8	WHO		N.A.		1	Lars Möller		1	Kim Rokho	
	<b>SUM</b>	<b>14</b>			<b>12</b>			<b>10</b>		

## ANNEX 5:

**List of EVENT DOCUMENTS SIHLWA-5 Oslo 06-07.03.2008**(available in [http://www.ndphs.org/?mtgs.sihlwa\\_5\\_oslo](http://www.ndphs.org/?mtgs.sihlwa_5_oslo))

Code	Title
SIHLWA 5/1/1 (RUS)	Предварительная программа
SIHLWA 5/1/1 rev2	Provisional Programme (04.03.08) This Provisional Programme includes also annotations specifying speakers, organizations and other relevant information
SIHLWA 5/1/2 rev2	Provisional Programme of ADO- subgroup rev2
SIHLWA 5/1/2 rev2 (RUS)	Provisional Programme of ADO-subgroup rev2
SIHLWA 5/1/3	OSH-subgroup Provisional Programme (060208)
SIHLWA 5/1/3 (RUS)	Предварительная программа Подгруппы по вопросам гигиены труда и безопасности (ГТБ) (060208)
SIHLWA 5/1/4	ALC-subgroup Provisional Programme E (120208)
SIHLWA 5/1/4 RUS	Предварительная программа Подгруппы по вопросам алкоголя [АЛК] (120208)
SIHLWA 5/2/1	Provisional Agenda
SIHLWA 5/2/Info 1	Scope and purpose of the NDPHS SHILWA EG (includes SIHLWA Terms of Reference and SIHLWA Action Plan for 2008)
SIHLWA 5/2/Info 1/Rev.1 (RUS)	Круг вопросов и задачи заседания ЭГ ПСИЗС SIHLWA (включая Круг Полномочий [Terms of Reference] и План действий на 2008, в приложении)
SIHLWA 5/2/ Info2	SIHLWA EG Action Plan 2008 FINAL
SIHLWA 5/2/ Info2 RUS	План действий ЭГ СВЗОЗТ (SIHLWA) на 2008 год
SIHLWA 5/2/Info 3	Fact-sheet on SIHLWA EG (1+4 pages)
SIHLWA 5/2/Info 4	Fact-sheet on SIHLWA OSH sub-group (1+2 pages)
SIHLWA 5/2/Info 5 Rev 1	Revised version (4 March) SIHLWA_5-2-Info_5_for_participants_about_Holmenkollen_Park_Hotel_Rica. How to get to the SIHLWA-5 meeting venue
SIHLWA 5/2/Info 6	2007 NDPHS EG SIHLWA Progress Report
SIHLWA 5/2/Info7A ENG	Helsinki 29-30 May 2007/ FINAL Report NDPHS SIHLWA 4th (pp 1-28)
SIHLWA 5/2/Info7B ENG	ANNEXES Final/ Helsinki 29-30 May 2007/ Report NDPHS SIHLWA 4th (pp 1-129)
SIHLWA 5/4/1/1_ Info1_ADO	Background information on ADO-subgroup Theme 1 : “youthrisk data-base” to be elaborated as thematic paper for the NDPHS data-base website
SIHLWA 5/4/1/2_ Info2_ADO	Background information on ADO-subgroup Theme 2: “Friends”
SIHLWA 5/4/1/3_ Info3_ADO	Background information on ADO-subgroup Theme 3: “Media alcohol seminars”
SIHLWA 5/4/2/1_ Info1_ALC	EIBI Inception Report for Discussion: Background information for ALC-subgroup
SIHLWA 5/4/3/1_ Info1_OSH	Report on WHO, ILO, EU Meeting in Vilnius, Lithuania, 14 November 2007. This paper provides a draft of the Healthy Life - Healthy Work workshop at PAC meeting in Vilnius in November 2007
SIHLWA 5/4/3/2_ Info1_OSH	Outlines to National Occupational Safety and Health Profile. This paper provides a draft dated February 2008 on national OSH profile goals and objectives



**ANNEX 6: MEETING PARTICIPANTS SIHLWA-5 Oslo 06-07.03.2008  
(45 participants)**

<b>Country &amp; Name &amp; SIHLWA function</b>	<b>SIHLWA</b>
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<b>Country &amp; Name &amp; SIHLWA function</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Dr Mikko Vienonen</b> Chairperson of sub-group ADO Ministry of Social Affairs & Health/ Finland E-mail: <a href="mailto:m.vienonen@kolumbus.fi">m.vienonen@kolumbus.fi</a> Phone: +358-50-4421 877	<b>Chair</b>		
<b>Dr Aldona Jociute</b> Co-Chairperson of sub-group ADO Head of Bureau for the Health Promoting Schools State Environment Health Centre Kalvariju 153, LT-08221 Vilnius, Lithuania Phone: + 370 5 236 0496, Fax: + 370 5 273 7397 E-mail: <a href="mailto:aldona.jociute@takas.lt">aldona.jociute@takas.lt</a>	<b>Co-Chair</b>		
<b>Professor Evgeny Krupitsky</b> Co-Chairperson of sub-group ALC Chief, Department of Addictions St.-Petersburg Bekhterev Psychoneurological Institute Bekhtereva street, 3. 192019 St.-Petersburg, Russian Federation Phone: +7-812-296-9905, Fax: +7-812-567-7264 E-mail: <a href="mailto:kru@ek3506.spb.edu">kru@ek3506.spb.edu</a>		<b>Co-Chair acting as Chair in Oslo</b>	
<b>Mr Wiking Husberg</b> Chairperson of sub-group OSH ILO, Senior Specialist on Occupational Safety and Health Petrovka, 15, 107031 Moscow, Russian Federation Phone: 7-495-9330827, Fax: 7-495-9330820 E-mail: <a href="mailto:husberg@ilo.org">husberg@ilo.org</a>			<b>Chair</b>
<b>Prof. Remigius Jankauskas</b> Co-Chairperson of sub-group ALC Director, Institute of Hygiene Ministry of Health Didzioji 22, 01128 Vilnius, Lithuania Tel: +370-5-262 4583, Fax: +370-5-2624663 E-mail: <a href="mailto:jank@dmc.lt">jank@dmc.lt</a>			<b>Co-Chair</b>

<b>Country &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
<b>CANADA</b>			
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<b>Country &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Country &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Country &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Country &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Country &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Country &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Country &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Organization &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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**ILO**

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<b>Organization &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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**WHO/ EURO**

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<b>Organization &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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**NORDIC COUNCIL OF MINISTERS**

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<b>Organization &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
<b>NDPHS Secretariat</b>			
<b>Mr. Marek Maciejowski</b> Head of Secretariat NDPHS Strömsborg, 103-11 Stockholm, Sweden Phone: +46 8 4401938, Fax: +46 8 4401944 E-mail: <a href="mailto:marek.maciejowski@ndphs.org">marek.maciejowski@ndphs.org</a>	[X]	[X]	[X]
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<b>Organization &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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<b>Organization &amp; Name</b>	<b>ADO</b>	<b>ALC</b>	<b>OSH</b>
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Alltogether 45 participants

Hosts: 2 participants

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OSH	
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## ANNEX 7:

# TERMS OF REFERENCE

## SIHLWA

As adopted by CSR 9 in Paris, France  
on 26-27 October 2006

### I. Background and Rationale

Within the Northern Dimension area, there are significant disparities in health and well-being, including social and economic problems which lead to a high level of mortality, abuse of alcohol and drugs, and the spreading of infectious diseases. Thus, one of the main priorities of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS) is to enhance and promote healthy and socially rewarding lifestyles.

In order to achieve these objectives, the Partnership recognises that the building of public policies to enhance health and social well-being in all relevant sectors needs to take place at all levels of society. Also, the creation of supportive physical and social environments should include the continued reorientation of health systems and social care systems. The opportunities for the development of individuals' basic skills related to health and social life are consistent with the Partnership objectives to empower and mobilise people and communities to take action to enhance their well-being.

Thus, pursuant to the following provision for the Committee of Senior Representatives (CSR) as spelled out in the "Declaration Concerning the Establishment of a Northern Dimension Partnership in Public Health and Social Well-being," adopted by the Ministerial Meeting in Oslo, Norway, on 27 October 2003:

- "In order to carry out its tasks, the Committee of Senior Representatives may establish expert groups, consisting of experts from interested Partners and Participants and other international experts, as appropriate,"

the CSR decided at its meeting in Vilnius, Lithuania on 14-15 April 2005, to establish the Expert Group (EG) on "Non-communicable diseases and promotion of healthy and socially rewarding lifestyles."

The Partnership Annual Conference (PAC) held in Stockholm, Sweden on 18 November 2005 endorsed the recommendation made by the Expert Group's first meeting (held on 16-17 November 2005) to change the originally given name of the Group to "**Expert Group on Social Inclusion, Healthy Lifestyles and Work Ability (EG on SIHLWA)**." This name serves as the general title for the Expert Group's three Sub-groups, which include the Sub-group on alcohol, the Sub-group on adolescent health and socially-rewarding lifestyles, and the Sub-group on occupational safety and health (OSH).

## **II. Objectives**

The main role of the EG on SIHLWA is to assist in co-ordinating and further developing the Partnership's co-operation in the fields of alcohol and binge-drinking, young peoples' lifestyles, and occupational safety and health. In this capacity, the EG on SIHLWA has the overall objective emphasize the priorities of support national, regional or local programmes in its respective fields of co-operation.

## **III. Scope of Responsibilities**

According to the abovementioned Oslo Declaration, under the guidance of the CSR, an expert group may have an advisory role and/or provide professional input to the preparation and implementation of joint activities carried out within the framework of the Partnership. Also, the Declaration permits expert groups to "facilitate professional exchanges, increase co-ordination among Partners and Participants and monitor joint activities within their area of expertise."

Consistent with these provisions, the EG on SIHLWA has the following scope of responsibilities:

- Promote the principles and objectives of the Partnership in the fields of the three Sub-groups and develop strong partnerships with a wide variety of stakeholders to ensure that the Partnership achieves maximum results;
- Establish and maintain relations within the Partner Countries and Organisations as well as with international and national organisations, and other institutions, as appropriate;
- Advocate and lobby for the improvement of public health and social well-being, provide and communicate "collective knowledge;"
- Improve the general awareness of and increase positive attitudes towards the Expert Group's field of work;
- Promote public health-oriented service systems and health sector reforms with attention to populations at risk and to take into account response capacity in rural and remote locations;
- Contribute to the development of national policies that respond to the needs and requirements of Partner Countries;
- Map and identify Member Countries' needs for technical and financial support to scale-up national programmes, encourage requests for assistance;
- In association with Partners, and with assistance from the NDPHS Secretariat, support efforts to provide technical and other forms of assistance to government and national partners in planning, implementing and monitoring programmes in SIHLWA's field of expertise. This will include meeting with authorities, visiting Partner Countries at the request of the CSR, and providing information via correspondence;
- Provide feedback and report on progress to the CSR, and provide the NDPHS Secretariat with updated information, when appropriate;
- Other responsibilities, as approved by the CSR or the Partnership Annual Conference (PAC).

Within this scope of responsibilities, the EG on SIHLWA will undertake the following activities:

- Conduct ongoing reviews of projects/programmes and activities in Partnership Countries;
- Assist project groups in co-ordinating with relevant stakeholders, promote networking, coordinate work with other NDPHS Expert Groups, and seek collaborative relations with other groups and authorities, as relevant and feasible;
- In selected cases, act as a technical referee for new project proposals, project identification, planning, implementation and monitoring. This includes making recommendations on project proposals and implementation, as well as assisting in planning, as requested, including in the development of terms of reference for such reviews;

- Monitor and evaluate the results of projects and activities implemented under the Partnership initiative, in order to ensure that financing is allocated in a way that achieves maximum results;
- Provide professional advice and technical support to relevant authorities, such as by meeting with authorities, visiting Partner Countries and through written correspondence;
- Advise and assist project groups in contacting financing organisations and formulate criteria for future support of projects;
- Establish connections with other NDPHS Expert Groups and promote functioning cooperation with them as prerequisite for successful implementation of future tasks;
- Facilitate external funding together with the SIHLWA Co-ordinator and the NDPHS Secretariat;
- Co-ordinate its activities with other Partnership programmes in areas of mutual interest, as well as with related activities of other international organisations, to avoid the duplication of activities;
- Provide the Partnership website/database with information concerning the Expert Group's work;
- When relevant, review the Expert Group's Terms of Reference and advise on any necessary amendments.

The main tasks for the three SIHLWA Sub-groups shall be as follows:

*Sub-group on alcohol*

- Develop, facilitate and assist in implementing policies, programmes and activities to promote health, safety and well-being through reduced consumption of alcohol in general and harmful alcohol use in particular;
- Explore ways to prevent the further weakening of alcohol policies leading into increased consumption;
- Develop a strong focus on holistic and comprehensive approaches to alcohol issues in national alcohol policy strategies;
- Support the implementation of the alcohol policy framework for the WHO European Region, including through appropriate monitoring and surveillance.

*Sub-group on adolescent health and socially-rewarding lifestyles*

- Develop, facilitate and assist in implementing policies, programmes and activities to promote health, safety and well-being of adolescents through socially rewarding healthy lifestyles;
- Focus work on tobacco, alcohol and drug free lifestyles, healthy nutrition and prevention of obesity, increase of physical activity, prevention of accidents and violence, promotion of mental health, etc;
- Implement holistic and participatory ways of intervention as well as multidisciplinary approaches;
- Support the implementation of the WHO European Strategy for Child and Adolescent Health and Development (2005) and WHO European Strategy for the prevention and control of non-communicable diseases (2006), including through appropriate monitoring and surveillance.

*Sub-group on occupational safety and health (OSH)*

- Develop, facilitate and assist in implementing policies, programmes and activities to promote health, safety and well-being in workplaces and among individuals;
- Provide a link with the Baltic Sea OSH Network (BSN), which is an expert information network;

- Strengthen peer-to-peer networking and collaboration of expert institutions and respective bodies in OSH, between and within countries in the Baltic Sea region;
- Collaborate with the International Labour Organisation Northwest Russia OSH project which provides direct contacts with labour and OSH authorities, and social partners, in North West Russia and at the federal level;
- Use the Barents Newsletter on Occupational Health and Safety, published by the Finnish Institute of Occupational Health, as a means for communication.

The official language of the Expert Group on SIHLWA is English. However, where possible, efforts should be made to provide English/Russian interpretation and translation.

#### **IV. Outputs and Results**

The general scope of outputs and results from the work of the Expert Group shall be as follows:

- Oversight of the implementation of strategic objectives defined by the group and approved by the CSR;
- To advise the Partnership through the NDPHS Secretariat on related Partnership activities and proposals for various forms of support;
- To facilitate the exchange of information on programmes and projects;
- To provide expert contributions to policy evaluation;
- To promote partnership-building and activities relevant to achieving the goals of the Partnership;
- To promote regional synergies and synergies with other international organisations;
- Monitoring and peer evaluation of ongoing activities;
- Short progress reviews/reports submitted to CSR meetings and annual PAC meetings.

#### **V. Lead Partner**

The CSR decides upon the Lead Partner for the EG on SIHLWA. The role of the Lead Partner is to initiate and lead the Expert Group's activities. The Lead Partner also provides financial support to the Group to prompt its activities.

In the case that a Lead Partner decides to step down, prior to its resignation, it should inform the CSR of its intentions and propose a replacement. Accordingly, the CSR will decide whether to approve the proposed replacement, as appropriate.

#### **VI. Composition of the Expert Group**

##### **1. Chair and Vice Chair**

The Expert Group appoints its Chair and Vice Chair from the individuals nominated. In doing so, it is responsible for keeping the CSR and the NDPHS Secretariat informed of its decision.

Each Sub-group appoints its Chair and Vice Chair from the individuals nominated. In doing so, it is responsible for keeping the CSR and the NDPHS Secretariat informed of its decision. The OSH Sub-group coordinates the appointment of its Chair and Vice Chair with the Baltic Sea OSH Network Annual Meeting.

The Chairs are responsible for providing effective leadership concerning their Sub-groups' responsibilities spelled out above. In addition, the Chairs are responsible for:

- Ensuring that their Sub-groups meet at appropriate intervals, and that the minutes of meetings and any reports to the Partnership bodies accurately record the decisions taken and, where appropriate, the views of individual Sub-group representatives;
- Ensuring that their Sub-groups reach clear conclusions on the matters they discuss;
- Ensuring that the views of their Sub-groups are passed to the CSR, PAC and the Secretariat;
- Communicating their Sub-groups' views to the media, health care professionals and the public, as requested;
- Briefing new members upon their appointment, as appropriate.

## **2. Co-ordinator/International Technical Advisor**

The Lead Partner shall appoint the Expert Group's Co-ordinator and/or International Technical Advisor (ITA), subject to the approval of the Group. The Co-ordinator and/or ITA is responsible for keeping the CSR and the NDPHS Secretariat informed of The Expert Group's decision. Depending on funding available, the ITA can be Expert Group or Sub-group specific.

The Co-ordinator's/ITA's main function is to provide uniformity, support and advice to projects through site visits and collaboration with relevant external bodies in the Programme field. The Co-ordinator/ITA shall also be actively involved in all of the activities described in the Expert Group's mandate, where appropriate and reasonable. In addition, he or she is responsible for the following:

- Preparing, in co-operation with the Sub-groups' Chairs and in contact with the Secretariat, provisional meeting agendas, meeting documents, and preparing the minutes from the Sub-groups' meetings;
- Keeping the representatives of the Sub-groups informed on a regular about the progress of projects;
- Maintaining continuous dialogue with the NDPHS Secretariat to ensure the co-ordination of activities within the Partnership;
- Contacting the NDPHS Secretariat regarding the input of the EG to relevant Partnership projects and activities, such as the Project Database and Project Pipeline;
- Developing partnerships with other individuals and organisations to ensure wide participation in development issues that the Partnership is addressing.

In selecting the Chair, Vice Chair, and Coordinator/ITA, it is advisable that they represent different countries from the Northern Dimension Area.

## **3. General Representation**

General representation within the EG on SIHLWA shall consist of high-level experts in health- and social-sector administration, from the research community, or the NGO sector. These high-level experts shall be appointed to the Expert Group by the Partner Countries and Partner Organisations. In appointing representatives to the Group, Partner Countries and Organisations will be guided by the following considerations:

- The EG's Sub-groups will include one representative, and not more than one alternate from each Partner Country and Organisation, who has an interest and sufficient expertise in the fields covered by the respective Sub-group;
- EG representatives and alternates will normally serve in the Expert Group for a period prescribed by their respective countries or organisations, preferably for a period of at least two years.

If a representative is unable to attend an Expert Group meeting, he or she shall ensure that an alternate is sent.

If a Partner Country or Partner Organisation changes their appointed representative, it should inform the EG Chair, Co-ordinator and the NDPHS Secretariat immediately.

In addition to the appointed Partner Country and Partner Organisation representatives, the Expert Group is entitled to invite other “eligible participants” and “interested parties” as defined in the Oslo Declaration. The Chair or the Co-ordinator/ITA of a given Expert Group meeting will inform the appropriate representatives in the Group about any additional invitees prior to the meeting, if possible.

#### **4. Sub-groups**

The EG on SIHLWA has the right to establish Sub-groups to achieve the objectives of the Group, as appropriate. The establishment of a Sub-group is subject to the approval of the CSR.

As noted above, currently, the EG on SIHLWA has three Sub-groups, which include the Sub-group on alcohol, the Sub-group on adolescent health and socially-rewarding lifestyles, and the Sub-group on occupational safety and health.

#### **VII. Meetings**

The EG on SIHLWA Sub-groups shall each hold at least two meetings per year. The location of meetings will rotate based on the interest expressed by the Partners.

The Sub-groups can organise additional meetings either separately or together with other Sub-groups, as considered necessary and appropriate, given the extent of available funding and other relevant resources.

The NDPHS Secretariat has the right to attend, and submit documents to the Sub-groups' meetings as well as intervene during these meetings.

Should the Sub-groups not be in a position to decide upon additional invitees to their meetings, the Chair may invite persons from international or regional organisations who have an interest in the Sub-groups' fields to meetings or to particular sessions during such meetings.

Except as otherwise herein stated, the Expert Group will determine its own methods of work, including the preparation of agendas, the keeping of records and other procedures. The work of the Expert Group between periodic meetings shall be carried out through correspondence via e-mail and telephone.

#### **VIII. Coordination, supervision and financial aspects**

The CSR is responsible for supervising the work of the Expert Group. As to guidance, PAC is responsible for deciding on the political direction of the Group.

For co-ordination purposes, the Chair, Vice Chair and Co-ordinator should hold co-ordination meetings with the Secretariat and other Expert Groups' Chairs and ITAs. If possible, Sub-groups should also be represented. Such meetings may be organised, if necessary, by the Secretariat when pre-

paring for CSR meetings, and in these cases, would be held back-to-back with the CSR meetings, or as deemed necessary.

As the Partnership cannot bear the travel and other costs related to Expert Group representatives' participation in EG meetings, all expenses incurred by the representatives to attend EG meetings will be covered by their respective countries or organisations.

Notwithstanding the above, individual Partner Countries or organisations may provide voluntary support for the attendance of a participant at Expert Group meetings, if sufficient funds are available.

If other sources are interested in supporting the work of the Group, communication and follow-up will be facilitated by the NDPHS Secretariat.

The Lead Partner shall provide financial support to the Expert Group to aid its activities.

## **IX. Reporting and Decision Making**

The EG on SIHLWA is answerable to the CSR and PAC. To this end, it will provide feedback and report to the CSR, as well as PAC, as necessary.

The Expert Group, supported by the Chair and the Co-ordinator and Sub-group Chairs and Vice-chairs, will prepare an annual Progress Report and a proposed Activity Plan for the following year, both to be submitted to the Autumn CSR meeting.

In order to ensure proper co-ordination and transparency, all reports and plans will be shared with all Expert Group members, the Group's Lead Partner, and the NDPHS Secretariat, which can in turn share the reports with other Partner countries and Partner Organisations.

Decisions within the Expert Group on SIHLWA shall be reached by consensus.

Only appointed representatives to the Expert Group take part in decision making.

The outcomes of each Expert Group meeting shall be documented in the meeting minutes and published on the NDPHS website. The Expert Group will ensure that all decisions are communicated to the NDPHS Secretariat and other Partnership bodies, as appropriate, and that the Secretariat will be included as a recipient of all meeting documents and other relevant documents that are circulated to its representatives.

In addition to the existing Terms of Reference, the Expert Group on SIHLWA can elaborate more precise strategies and action plans, which highlight the methods by which the goals and objectives will be reached. These strategies and action plans can be updated at Expert Group meetings, and any changes will be communicated to the CSR through the NDPHS Secretariat.

## **X. Relationship with other Expert Groups**

The EG on SIHLWA shall seek, when appropriate, to establish and maintain collaborative relationships with other Expert Groups on cross-cutting issues.



Additionally, the EG on SIHLWA shall seek, when appropriate, to establish and maintain working relations with other relevant groups in the Northern Dimension area in a manner that promotes synergies and avoids the duplication of efforts. To this end, and when appropriate, the Expert Group may represent the Partnership in different forums to promote its own objectives and develop support and commitment from potential external partners.

Examples of cross-cutting issues that the Expert Group may wish to work with other Expert Groups on include, but are not limited to the following:

- Social inclusion and healthy lifestyles;
- Policies towards alcohol and drugs;
- Health information and education;
- Reproductive health.

## **XI. Amendments to the Terms of Reference**

The Terms of Reference will be reviewed every two years, coinciding with Chairmanship rotation, or on an ad hoc basis, when deemed necessary by the Expert Group.

Proposed amendments to the Terms of Reference shall be co-ordinated with the NDPHS Secretariat and approved through consensus in the Group before being submitted to the CSR for adoption.

**ANNEX 8.**

<b>Reference</b>	SIHLWA 5/2/ Info2 ENG
<b>Title</b>	SIHLWA EG Action Plan 2008 FINAL
<b>Submitted by</b>	SIHLWA Coordinating Chairman
<b>Summary / Note</b>	This proposed Action Plan for 2008 summarizes the actions proposed to be taken by the SIHLWA EG during 2008 and estimates their approximate expenses
<b>Requested action</b>	for implementation

**SIHLWA<sup>10</sup> Action Plan 2008****1. Introduction**

Following the recommendation made by the Oslo Ministerial Conference of Northern Dimension Partnership<sup>11</sup> in Public Health and Social Wellbeing (2003), new Expert Group on “**Social Inclusion, Healthy Lifestyles & Work Ability**” (“**EG SIHLWA**”) was established in 2005. It held its 1<sup>st</sup> meeting in Stockholm in November 2005, where Finland and Lithuania pledged financial support for its operation. The 2<sup>nd</sup> meeting of the Expert Group was held in Helsinki 16-17 May 2006, the 3<sup>rd</sup> meeting in Vilnius 30 November -1 December 2006, and the 4<sup>th</sup> meeting in Helsinki 29-30 May 2007.

The EG SIHLWA consists of 3 sub-groups:

- Subgroup on adolescent health and socially-rewarding lifestyles [ADO]
- Subgroup on alcohol [ALC]
- Subgroup on Occupational Safety & Health [OSH]

We know already a lot about the epidemiological changes of unhealthy lifestyles and what will be the consequences to population health. The message is clear: all our countries are already in public health crisis and it is getting worse. Unhealthy lifestyles are not a natural catastrophe but a man-made problem. It can also be reversed by man-made policies and practical measures. It will require strong political action supported by integrated action by health-, social-, education- and other sectors. New innovation, holistic approach, and international collaboration will be needed, where the NDPHS Expert Group on Social Inclusion, Healthy Lifestyles and Work Ability (“SIHLWA”) will act as catalyst through:

- Bringing together key stakeholders from the core health constituencies within the health system and broader society, including those other government sectors whose policies impact on health;
- Carrying out a situational analyses, which analyse the size of the problem and identifies the priority areas for action;
- Evaluating what is already in place, strengths and weaknesses, and identifies current gaps;

<sup>10</sup> SIHLWA = Expert Group on **Social Inclusion, Healthy Lifestyles & Work Ability**

<sup>11</sup> NDPHS consists of following members: 5 Nordic countries, 3 Baltic States, Russian Federation, Poland, Germany, France, Canada, Nordic council of Ministers, Council of Baltic Sea States, Barents Sea Collaboration, WHO, ILO, IOM, UNAIDS, & Baltic Sea States Subregional Co-operation (BSSSC).

- Strengthening international, bilateral and multilateral cooperation we could start by developing of an alliance for advocacy and action on non-communicable diseases which unites major international players in Europe, including intergovernmental organizations, NGOs and others;
- A special challenge for this Expert Group will be how we can best benefit from the synergy that the three subgroups will pose.
- Elaboration of viable and practical projects in NDP area.

## **In 2008 on the SIHLWA agenda primarily will be the following issues:**

### **1. Meetings:**

- **Two SIHLWA meetings** together with all 3 subgroups (February 2008 and September 2008);
- **ALC sub-group** plans for a seminar: "Impact of international trade agreements and EU internal market legislation on national alcohol, public health and social policies". Lessons learned from EC court cases with relevance to alcohol control policies will also be discussed. The seminar aims to increase understanding of the functioning of international trade legislation, and of the public health and social policy considerations involved, as well as of the political interests at stake in the legislative processes. For instance, Sweden has had many experiences from EU court cases that have led to vast changes in the Swedish national alcohol and health policy. ALC-subgroup members would be able to disseminate the experiences to other NDPHS partner countries and organizations to inform policy makers etc about the public health and social policy considerations involved in an EU membership. Target groups include ministries' health/social policy experts dealing with alcohol policy or related issues, EU law generalists from various ministries/departments concerned, researchers, key politicians and NGOs. [N.B.: identification of funding is difficult but in process]
- **OSH sub-group** plans for two joint meetings with the Baltic Sea Network on Occupational Health & Safety including dissemination and promotion of the Partnership OSH strategy, specifically the preparation of national OSH profiles in selected countries.

### **2. Projects:**

#### **2.1 Common for all three sub-groups**

- Re-applying and starting (if funds become available) SIHLWA stakeholder analysis in Leningrad Oblast, Murmansk, St. Petersburg and Republic of Karelia. Exploring for expanding the stakeholder analysis in other Russian regions and other countries, such as Baltic States, Nordic countries and Poland, if funding can be identified. [involved unit: SIHLWA secretariat].
- Potential Years of Life Lost ("PYLL") assessment in selected N-W Russian regions (Karelia, Vologda?). [involved unit: SIHLWA secretariat].
- **2008 Wild-Card:** Reviewing possibilities to implement "Life at Stake" ("Elämä pelissä") popular TV-show on a Russian TV-channel in 2008. The prototype started in Finland in September 2007 on prime TV-time involving national VIP-persons such as a minister of health, trade-union leader, pop-artist, sports-figure and others. The program is entertaining, yet scientifically based and clearly demonstrates why life expectancy for many

is as low as it is, and which factors (alcohol, tobacco, obesity, stress, lack of physical activity etc.) influence it and how much. Most importantly, it also can demonstrate what one can do about it and how much one can “manipulate” the length of your life. A challenging task is to try to transfer the concept into another setting in the NDP area but it would be worth trying. SIHLWA has good links with those who have developed the basic data for the “Life at Stake” program (National Public Health Institute/ Finland and Duodecim Association of Finnish Physicians). [involved unit: SIHLWA secretariat].

## 2.2 ADO sub-group projects

- Continuing and expanding the NCM and Finland funded project on “**Alcohol and Drug Prevention among Youth in St. Petersburg**” which started in October 2007.
- **Thematic report on ADO for NDPHS Data-Base project** to compile a profile on youth’s health behaviour and on existing policies targeted at youth’s health at north-west Russia and Northern Europe. This “Northern dimension youths health profile” would comprise information on youths (10-25 year olds) substance misuse and other risk behaviour, such as sexual behaviour and nutrition. Besides statistics on prevalence of risk behaviour, report would include information on laws and their implementation, health policies and programs targeted at youth’s health-behaviour in north-west Russia and in northern Europe. The already existing data would be gathered from various sources at these countries, and based on this possible gaps in policies would be identified and recommendations for actions needed pointed out. Data would be collected from various health monitoring activities, the Development of Child Health Monitoring (LATE) -project, and internationally from health monitoring systems such as Finbalt-project and WHO-EURO CINDI-Programme (Countrywide Integrated Non-communicable Disease Intervention).

## 2.3 ALC sub-group projects

- Project on the **Prevention of Hazardous & Harmful Use of Alcohol: Early Identification and Brief Intervention “EIBI”**. Possible regions/countries for implementation: St. Petersburg City if possible with the St. Petersburg City Health Committee. Other potential candidates are Leningrad Oblast, Republic of Karelia, Murmansk, Cherepovets city /Vologda Obl., Arkhangelsk, Republic of Komi, Nenets Autonomic Area. Potential funders (tentative): Finland, Norway, Sweden, EC, and possibly others. Estonia, Latvia and Lithuania have joined the Primary Health Care European Project on Alcohol PHEPA ([www.phepa.net](http://www.phepa.net)) funded by the EU public health program and could possibly join with their own funding. Collaboration with the Nordic Center for Alcohol and Drug Research through a seminar on brief intervention, in which special attention could be given to NDP countries’ interests. Project objective: to disseminate brief intervention as a method for prevention of harmful and hazardous alcohol use. Sweden and Finland in particular could report on the dissemination of early detection and brief intervention activities implemented in the health care system dating from some years back and up until today. Early identification/brief intervention is an effective tool for the prevention of harmful drinking which makes use of a relatively well-established infrastructure and communication channels we believe that the project "Prevention of hazardous and harmful use of alcohol: Early Identification and Brief Intervention (EIBI)" should proceed.
- **Thematic report on ALC for NDPHS Data-Base project and focus on brief intervention-related questions**. The reports will be of best use if designed to respond to the specific information needs existing in the respective countries. In Finland, Norway and Sweden, for instance, the report could give an overall view of past and present efforts to disseminate brief intervention, of the results of such efforts and, depending on

the availability of data, on the size of the population that could benefit from brief intervention and support for controlled drinking. In countries where brief intervention is still a novelty, the report could focus for instance on potential partners for co-operation, existing materials and resources, and on the data available to estimate the size and nature of the target population. The Country Profile Questionnaire developed in the PHEPA project could be used where applicable.

## 2.4 OSH sub-group projects

- a. Continuing 2<sup>nd</sup> phase of “**Occupational Safety and Health (OSH) in north-Western Russia**” with funding from Finland and ILO (2007-08);
- b. The SIHLWA OSH sub-group is preparing a project proposal on the development of **OSH in the Public Transport Sector in the Baltic Countries**. Practical implementation of the new Partnership OSH strategy against Cardio-vascular (CVD) morbidity is one of the priority issues for this project, and it is strongly related to lifestyles and work. There is a great deal of space for preventive activities. Cardiovascular problems have increased rates in transport, and that workplace can successfully be used as a setting for preventive activities. Partners in this project need to be defined; Enterprises to be selected; Benefits from the project to be described →social marketing → healthy drivers, safe public transport. Also indicators need to be defined in order to be able to evaluate the results afterwards. Partnerships need to be established at the country level and a proper stakeholder analysis would be needed from each of the participating countries. The institutions/countries need to commit themselves to the preparation and implementation of the project. Preliminarily, prevention of CVD morbidity in road transport has been planned as a topic of the project, but e.g. prevention of alcohol problems is another topic around which the project could be built up.
- c. **Thematic report on OSH for NDPHS Data-Base project**, specifically the preparation of national OSH profiles in selected countries. This activity already started in OSH sub-group in 2007 but will be continued in 2008.

## 3. Other activities:

- Continued work on strengthening links with main partners (especially WHO-EURO, ILO/Russia, and national actors on NCDs and healthy lifestyles.
- Strengthened collaboration with NDPHS Secretariat in Stockholm and in St. Petersburg (NCM Office).
- Collaboration and updating SIHLWA projects in the new NDPHS data base.

## 4. Budget:

In order to be operational EG SIHLWA needs a secretariat consisting of Coordinating Chair and secretarial support, which has been provided through the Ministry of Social Affairs and Health/ Finland and Ministry of Health/ Lithuania. SIHLWA core administrative activities consist of organizing and reporting two expert group meetings per year, keeping contact with relevant bodies and organizations operating in NCD- and social wellbeing sector in the NDP area and providing support to project planning and implementation.

In 2008 the establishment of a post for ITA under SIHLWA is planned. Discussions with MoSA&H/Finland have been started already in early 2007 and will continue. In the start-up phase ITA could be a part time (50%) job, and by the end of 2008 the future need would be assessed.

As expenses of SIHLWA have been and will be accounted for separately under each funding agency, it is not possible to present a detailed itemized project proposal. Total expenses of SIHLWA EG to be fully operational in 2008 can be estimated to be about 130.000 €. Project implementation is not included under this amount.

SIHLWA Action Plan 2008 submitted by:

**NORTHERN DIMENSION PARTNERSHIP  
IN PUBLIC HEALTH AND SOCIAL WELLL-BEING (NDPHS)**

**EXPERT GROUP ON SOCIAL INCLUSION,  
HEALTHY LIFESTYLES & WORK ABILITY (“SIHLWA”)**

**Coordinating SIHLWA Chairperson**

Dr Mikko Vienonen  
[m.vienonen@kolumbus.fi](mailto:m.vienonen@kolumbus.fi)  
Sysimiehenkuja 1  
00670 Helsinki, FINLAND  
GSM +358-50-442 1877

**1) Subgroup on adolescent health and socially-rewarding lifestyles**

<p><b>Chairperson</b> Dr Mikko Vienonen <a href="mailto:m.vienonen@kolumbus.fi">m.vienonen@kolumbus.fi</a> Sysimiehenkuja 1 00670 Helsinki, FINLAND GSM +358-50-442 1877</p>	<p><b>Co-chairperson</b> Dr Aldona Jociute Co-Chairperson of sub-group ADO Head of Bureau for the Health Promoting Schools State Environment Health Centre Kalvariju 153, LT-08221 Vilnius, Lithuania Phone: + 370 5 236 0496, Fax: + 370 5 273 7397 E-mail: <a href="mailto:aldona.jociute@takas.lt">aldona.jociute@takas.lt</a></p>
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**2) Subgroup on alcohol**

<p><b>Chairperson (acting)</b> Mr. Kari Paaso Senior Expert <a href="mailto:kari.paaso@stm.fi">kari.paaso@stm.fi</a> Ministry of Social Affairs &amp; Health/Finland P.O. Box 33 , FI-00023 Government, FINLAND GSM: +358-50-565 837</p>	<p><b>Co-chairperson</b> Dr. Evgeny Krupitsky Chief, Department of Addictions Research Laboratory, Leningrad Regional Center of Addictions Novo-Deviatkino 19/1 Leningrad Region 188661, RUSSIA Tel/Fax: +7-812-296 9905 GSM: +7-901-300 5811 <a href="mailto:kru@ek3506.spb.edu">kru@ek3506.spb.edu</a></p>
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**3) Subgroup on occupational health and safety**

<p><b>Chairperson</b> Mr. Wiking Husberg Senior OSH Specialist ILO, Subregional Office for Eastern Europe and Central Asia, RUSSIA Petrovka 15, 107031 Moscow, Russian Federation Tel. work: +7-495-933 0827 Fax.: +7-495-933 0827 <a href="mailto:husberg@ilo.org">husberg@ilo.org</a></p>	<p><b>Co-chairperson</b> Dr. Remigijus Jankauskas, Director of Occupational Medicine Center Institute of Hygiene under the Ministry of Health Vilnius, LITHUANIA <a href="mailto:jank@dmc.lt">jank@dmc.lt</a></p>
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**ANNEX: 9**

<b>Reference</b>	2007_NDPHS_EG_SIHLWA Progress Report
<b>Title</b>	NDPHS SIHLWA EG Progress Report 2007
<b>Submitted by</b>	SIHLWA Coordinating Chairman
<b>Summary / Note</b>	This SIHLWA EG Progress Report 2007 summarizes the actions taken during 2007
<b>Requested action</b>	for the record

1 January – 31 December  
**ANNUAL PROGRESS REPORT 2007**  
**NDPHS<sup>12</sup> Expert Group**  
**“Social Inclusion, Healthy Lifestyles & Work Ability”**

## SIHLWA

### 1. SIHLWA leadership and coordination

#### 1.1 SIHLWA Lead Partner(s) and Co-Lead Partner(s)

SIHLWA’s “Lead Partner”: Ministry of Social Affairs & Health P.O. Box 33 , FI-00023 Government, FINLAND Focal point 1 Jan – 31 July 2007: M Seija Saana, Ministerial Adviser E-mail: <a href="mailto:seija.saana@stm.fi">seija.saana@stm.fi</a> Focal point 1 Aug. – 31 Dec. 2007: Olli Kuukasjärvi, Ministerial Adviser E-mail: <a href="mailto:olli.kuukasjarvi@stm.fi">olli.kuukasjarvi@stm.fi</a> Phone: +358 9 160 73168 Fax: +358 9 160 73296	SIHLWA’s “Co-Lead Partner”: Ministry of Health/ Lithuania Focal point: Ms Virginija Ambrazevičiene Chief Officer of Foreign Affairs Division Ministry of Health Vilnius 33, LT-01506 Vilnius, LITHUANIA Phone: +370 526 047 19, Fax: +370 526 614 02 E-mail: <a href="mailto:virginija.ambrazeviciene@sam.lt">virginija.ambrazeviciene@sam.lt</a>
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#### 1.2 SIHLWA technical management support

SIHLWA Expert Group due to its structure of 3 sub-groups has decided to have a <b>Coordinating Chairman</b> for the whole group. This position was held since the beginning of SIHLWA’s existence by:  Dr Mikko Vienonen Consultant in International Public Health, M.D., Ph.D. e-mail: <a href="mailto:m.vienonen@kolumbus.fi">m.vienonen@kolumbus.fi</a> GSM: +358-50-442 1877 Address: Sysimiehenkuja 1, 00670 Helsinki, Finland SIHLWA has so far never had an International Technical Adviser (ITA)
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<sup>12</sup> Northern Dimension Partnership in Public Health and Social Wellbeing

The **EG SIHLWA** consisted of 3 sub-groups:

- Subgroup on adolescent health and socially-rewarding lifestyles
- Subgroup on alcohol
- Subgroup on Occupational Safety & Health

Each sub-group have their own functionaries

**1) Subgroup on alcohol<sup>13</sup>**

<p><b>Chairperson (acting)</b> Mr. Kari Paaso Senior Expert <a href="mailto:kari.paaso@stm.fi">kari.paaso@stm.fi</a> Ministry of Social Affairs &amp; Health/Finland P.O. Box 33 , FI-00023 Government, FINLAND GSM: +358-50-565 837</p>	<p><b>Co-chairperson</b> Dr. Evgeny Krupitsky Chief, Department of Addictions <a href="mailto:kru@ek3506.spb.edu">kru@ek3506.spb.edu</a> Research Laboratory, Leningrad Regional Center of Addictions Novo-Deviatkino 19/1 Leningrad Region 188661, RUSSIA Tel/Fax: +7-812-296 9905</p>
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**2) Subgroup on adolescent health and socially-rewarding lifestyles**

<p><b>Chairperson<sup>14</sup></b> Dr Mikko Vienonen <a href="mailto:m.vienonen@kolumbus.fi">m.vienonen@kolumbus.fi</a> Sysimiehenkuja 1, 00670 Helsinki, FINLAND GSM +358-50-442 1877</p>	<p><b>Co-chairperson</b> Ms. Daiva Zeromskiene Head of Children Environment Health Division State Environment Centre Kalvariju str. 153, LT-08221 Vilnius, LITHUANIA e-mail: <a href="mailto:daiva.zeromskiene@takas.lt">daiva.zeromskiene@takas.lt</a> Phone: + 370 5 236 0493 Fax: + 370 5 273 7397</p>
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**3) Subgroup on occupational safety and health<sup>15</sup>**

<p><b>Chairperson</b> Mr. Wiking Husberg Senior OSH Specialist e-mail: <a href="mailto:husberg@ilo.org">husberg@ilo.org</a> ILO, Subregional Office for Eastern Europe and Central Asia, RUSSIA Petrovka 15, 107031 Moscow, Russian Federation Tel. work: +7-495-933 0827 Fax.: +7-495-933 0827</p>	<p><b>Co-chairperson</b> Dr. Remigijus Jankauskas, Director of Occupational Medicine Center e-mail: <a href="mailto:jank@dmc.lt">jank@dmc.lt</a> Institute of Hygiene under the Ministry of Health Didzioji 22, 01128 Vilnius, LITHUANIA Phone: + 370 5 212 19 69 Fax: +370 5 212 18 10</p>
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<sup>13</sup> for alcohol sub-group the Chair in principle was expected to be identified from WHO-EURO cosponsoring the sub-group. Temporarily since January 2007 the group was chaired by Mr Kari Paaso (former technical adviser on alcohol for WHO-EURO). In 2007 EURO was not able to select a successor for Mr Paaso. In the future the chairmanship is expected to return to WHO and Mr Paaso would continue as partner country nominee in the group.

<sup>14</sup> N.B. Mikko Vienonen had a double role in SIHLWA: In addition to acting as Coordinating Chair for the whole SIHLWA EG, he also was selected as Chair of the ADO sub-group.

<sup>15</sup> for OSH sub-group the Chair in principle identified from ILO cosponsoring the sub-group.



### **1.3 Financial resources for leadership**

Funding for SIHLWA half time coordinating chair (consultative basis) is provided by the MoSA&H/ Finland. Additionally, travel of SIHLWA functionaries to necessary administrative meetings (e.g CSR, Chairs and ITAs meetings, etc.) are covered by the Lead Partner. Also participants to SIHLWA expert group meetings are to some extent covered by the MoSA&H/ Finland budget allocation to SIHLWA, such as Finnish national experts' participation, and expenses of certain key-note speakers and some Russian participants.

Presently, SIHLWA leadership functions have been allocated directly from MoSA&H budget, and the Coordinating Chair has not been a "fund holder" of this allocation. It needs to be discussed in CSR as to how detailed the Lead Partners are willing to report on their budget and its implementation.

## **2. Partner participation in Expert Group activities**

In 2007 the 4<sup>th</sup> SIHLWA Expert Group met in Helsinki 29-30 May in Helsinki. All three sub-groups were present and altogether 37 persons attended. The report of the 4<sup>th</sup> SIHLWA meeting (as well as reports of all previous meetings) is available on [www.ndphs.org/meetings/SIHLWA](http://www.ndphs.org/meetings/SIHLWA).

The 5<sup>th</sup> SIHLWA meeting was planned to take place in December 2007, but the group decided to postpone it until February 2008 in Oslo. The reason for shifting the time was due to two big meetings which were organized at the end of 2007 with strong SIHLWA involvement, namely the pre-PAC meeting in Vilnius on 15 November on "Healthy Life – Healthy Work Partnership for health and safety" and the Nordic Council of Ministers' Chairmanship Conference in St. Petersburg 11-12 December on Promotion of Healthy Lifestyles, Work Ability and Social Inclusion. It also helps us to place the upcoming SIHLWA meetings in 2008 in a slightly more peaceful timing.

### **2.1 Participation of Partners in SIHLWA meetings**

Partners are invited to nominate participants to the biannual SIHLWA meetings, always without exception bringing together all three subgroups. It would be very important to have all Partner Countries and relevant organizations do this nomination. So far no country has officially indicated that they would not be interested to participate, so we keep sending information and invitations to all.

In the attached table one can see the present situation after four SIHLWA meetings, aiming to illustrate how different partner countries and organizations having sent their representatives to previous SIHLWA meetings (1<sup>st</sup> Stockholm, 2<sup>nd</sup> Helsinki, 3<sup>rd</sup> Vilnius, 4<sup>th</sup> Helsinki)

KEY TO TABLE : a = Alcohol sub-group was represented; b = Adolescent health sub-group was represented; c = OSH sub-group was represented

Countries & Organizations*	1 <sup>st</sup> Stockholm	2 <sup>nd</sup> Helsinki.	3 <sup>rd</sup> Vilnius	4 <sup>th</sup> Helsinki
CANADA	a,b	-	-	a
DENMARK	-	-	-	-
ESTONIA	a	a	a,b	a,
FINLAND	a,b,c	a,b,c	a,b,c	a,b,c
FRANCE	-	-	-	-
GERMANY	-	-	-	-
ICELAND	-	-	-	-
LATVIA	a	b	a,b	a,b
LITHUANIA	-	a,b,c	a,b,c	a,b,c
NORWAY	a	a	a	a
POLAND	b	-	b,c	c
RUSSIAN FED.	a	a,b,c	b	a,b
SWEDEN	a,c	a,b	a,b	a
BEAC	-	-	-	-
EUC	b	-	-	-
CBSS	-	-	b	b
ILO/Russia	c	c	c	c
IOM	-	-	-	-
NCM	-	b	b	a,b
NHV(Nordic School of PH)		b	-	b
WHO/EURO	a,b	a	a	c

Each partner was invited to send at least one participant to every sub-group. Therefore, ideally the table should after the 5<sup>th</sup> SIHLWA meeting look like:

Countries & Organizations*	5 <sup>th</sup> SIHLWA mtg Oslo Feb 2008	6 <sup>th</sup> SIHLWA mtg Place?	7 <sup>th</sup> SIHLWA mtg Place?
COUNTRY A	a,b,c	a,b,c	a,b,c
COUNTRY B	a,b,c	a,b,c	a,b,c
COUNTRY C	a,b,c	a,b,c	a,b,c
ETC.	a,b,c	a,b,c	a,b,c

[N.B.: for specialized organizations it may be logical to be selective regarding sub-group participation, although some reasons would also support flexible participation to all SIHLWA sub-groups, as well.]

## 2.2. Participation of Partners in EG project-based activities

- **In implementation:**
  - ILO, Russian Federation and Finland: Occupational safety and health project in N-W Russian Federation (Leningrad Oblast & Republic of Karelia). 1<sup>st</sup> phase 2005 – 2007 and 2<sup>nd</sup> phase in 2007 – 2008.
  - SIHLWA-OSH subgroup: Thematic report on OSH for NDPHS Data-Base project and PAC – conference in November 2007.
- **Project started in autumn 2007:** NCM, Russian Federation (St. Petersburg), Finland and Sweden: Alcohol and drug prevention among youth 2007- 2008;
- **In planning:**
  - SIHLWA Stakeholder Analysis 2008
  - Potential Years of Life Lost (“PYLL”) assessment in selected N-W Russian regions (Karelia, Vologda?)
  - Hazardous & harmful use of alcohol: **Early Identification and Brief Intervention “EIBI”**. Possible regions/countries for implementation: St. Petersburg City (will be agreed upon with the St. Petersburg City Health Committee). Other potential candidates: Leningrad Obl., Republic of Karelia, Murmansk, Cherepovets city /Vologda Obl., Arkhangelsk, Republic of Komi, Nenets Autonomic Area. Potential funders (tentative): Finland, Norway, EC, others?
  - “PYLL” – analysis for the Republic of Karelia and/or Vologda/ Cherepovets city
  - “Life at Stake” (“Elämä Pelissä”) TV programme on healthy lifestyles’ impact on individual people

## 3. Action taken to implement the Expert Group’s annual Work Plan

- **January:** Coordinating Chair mission to St. Petersburg to discuss the launching of project on alcohol and drug prevention among youth together with SPb Public Health Committee and local NGOs.
- **January:** Coordinating Chair mission to Vologda Oblast (Cherepovets) in North-West Russia to participate in a regional healthy lifestyles conference representing NDPHS/SIHLWA and conducting a workshop for health and social sector administrators on Hazardous & harmful use of alcohol: **Early Identification and Brief Intervention**.
- **March:** SIHLWA cosponsored and provided technical support to the implementation of CBSS International Conference “Reducing Alcohol Problems in the Baltic Sea Region: Effective Approaches to Tackle Alcohol Related Problems in Local Communities”, Riga, Latvia, 12 – 13 March 2007. Considerable support was also provided to the conference by SIHLWA members from Sweden (Sven Andréasson and Pi Högberg) and from Finland (Kari Paaso). Report of the conference including PP-presentations is available on [www.ndphs.org](http://www.ndphs.org) ->SIHLWA.
- **February:** Finalization of the report of 3<sup>rd</sup> SIHLWA EG meeting in Vilnius 30 Nov.-1 Dec. 2006. Report of the meeting including PP-presentations is available on [www.ndphs.org](http://www.ndphs.org) ->SIHLWA.
- **February:** Coordinating Chair and SIHLWA sub-group Chairs participation in the 4<sup>th</sup> Chairs’ & ITAs’ meeting in Vilnius.
- **February-May:** Start of preparation for the NCM/ Finnish chairmanship conference on promotion of healthy lifestyles and prevention of non-communicable diseases in St. Petersburg 11-12 December 2007 in St. Petersburg. The role of SIHLWA is advisory and technically supporting.
- **March:** Fifth European Network Meeting on Occupational Health held on 14–16 March 2007 in Buxton, the UK.
- **April:** SIHLWA Coordinating chair attended in Vologda/ N-W Russia a federal conference 4-5 April on NCD prevention strategies and briefed about the activities of SIHLWA. The methodology on measuring the impact of NCD prevention by the “potential years of life lost” (PYLL) methodology.

- **April:** In connection with the mission to Vologda, in the capacity of SIHLWA ADO sub-group chair, Mikko Vienonen conducted extensive discussions on the start-up of project on NCM funded “Alcohol & Drug Prevention among youth in SPb” 2-3 and 6 April.
- **April:** Preparation for the EUPHA (European Public Health Association) Annual Conference in October in Helsinki in October 2007, where SIHLWA together with HIV/AIDS EG plan to organize a workshop on NDPHS and issues relevant to their area of work;
- **April – May:** SIHLWA OSH-subgroup provided on request preliminary ideas for the organizers of upcoming PAC in November 2007. Occupational safety and health will be one of the main themes was decided by the CSR.
- **May:** 4<sup>th</sup> SIHLWA EG meeting in Helsinki 29-30 May.
- **August 6<sup>th</sup> -7<sup>th</sup>:** Coordinating Chair mission to Pitkaryanta (Republic of Karelia/ RF) to participate in CINDI-seminar on non-communicable disease intervention annual consultations together with Public Health Institute/ Finland and North-Karelia program team. Links with upcoming SIHLWA projects were explored. Minister of Health and social Development of KR Dr V. Bo-inich and Head of Dept. Dr V. Ulich were met and upcoming plans and priorities were discussed.
- **August 29<sup>th</sup> -30<sup>th</sup>:** Coordinating Chair mission to Petrozavodsk (Republic of Karelia/ RF) to participate in 3<sup>rd</sup> Neighborhood-seminar on child protection and work with families. Links and potential partners with upcoming SIHLWA projects were explored. Deputy Minister of Health and Social Development of KR Dr E. Hidisjan was met and upcoming plans and priorities were discussed.
- **September:** Finalization of the report of 4<sup>th</sup> SIHLWA EG meeting in Vilnius 30 Nov.-1 Dec. 2006. Report of the meeting including PP-presentations is available on [www.ndphs.org](http://www.ndphs.org) - >SIHLWA.
- **September 13-14** Coordinating Chair attended the 5<sup>th</sup> Chairs’ and ITAs’ meeting in Vilnius, Lithuania.
- **September 19-21** Coordinating Chair mission to St Petersburg together with Minister Paula Risikko/ Finland and Director General/NPHI-Finland Pekka Puska to participate in Nordic Food Week activities (healthy nutrition issues) under auspices of NCM Information Office in SPb. Also work of the A&DPrevY in SPb project start up was facilitated and 2008 upcoming project discussed with relevant authorities and NGOs in SPb.
- **October 12<sup>th</sup>:** European Public Health Association (EUPHA) Annual Conference (about 1000 participants), where SIHLWA together with HIV/AIDS EG and NDPHS/Secretariat/Data-base project organized a seminar on NDPHS action.
- **October 15<sup>th</sup>-16<sup>th</sup>:** Coordinating Chair participation in the 12<sup>th</sup> CSR meeting and in the NDPHS data-base project steering group meeting in Kaliningrad/RF.
- **October 30<sup>th</sup>-31<sup>st</sup>:** BSN-OSH meeting participation of SIHLWA-OSH sub-group representatives to discuss further collaboration and synergism in Bonn/ Germany.
- **October 30<sup>th</sup> -31<sup>st</sup> in Moscow:** participation of SIHLWA coordinating chair as facilitator at WB and WHO-EURO conference on meeting the challenge of noncommunicable diseases and injuries in the CIS (Commonwealth of Independent States)
- **November 1<sup>st</sup> – 2<sup>nd</sup> in Moscow:** participation of SIHLWA coordinating chair as facilitator at WHO-EURO second international consultation on preparation of a strategy for the prevention and control of noncommunicable disease in Russian Federation.
- **August – November:** Preparation for the PAC pre-meeting 15 November on “Healthy Life – Healthy Work: Partnership for health & safety” prepared primarily with SIHLWA OSH sub-group supported with ADO and ALC sub-groups and NDPHS secretariat.
- **June - November:** Preparation for the NCM/ Finnish chairmanship conference on promotion of healthy lifestyles and prevention of non-communicable diseases in St. Petersburg 11-12 December 2007 in St. Petersburg.
- **November 15<sup>th</sup>-16<sup>th</sup>:** participation in Pre-PAC meeting and PAC Conference.
- **December 11<sup>th</sup>-12<sup>th</sup>:** NCM/ Finnish chairmanship conference on promotion of healthy lifestyles and prevention of non-communicable diseases in St. Petersburg 11-12 December. Participation

among others by Minister Paula Risikko/ Finland, Governor Valentina Matvienko from SPb, and other high level political figures.

#### 4. Other activities

- SIHLWA coordinating Chair Mikko Vienonen, attended the 11<sup>th</sup> CSR meeting in Warsaw 27-28 March. He also attended the meeting of the NDPHS data-base project on 27 March prior to the CSR meeting.
- SIHLWA coordinating Chair Mikko Vienonen, attended the meeting on “Renewed Northern Dimension” held in Madrid 21-22/March as invited expert of the NDPHS/ SIHLWA expert group, as a member of the delegation of the Finnish MoFA lead by Mr. Markus Lyra, Under-secretary of State and Ms. Maimo Henrikson, Director, Unit of Northern Dimension. From NDPHS secretariat Mr. Marek Maciejowski also attended. [N.B.: this event was to provide information on NDP in general (not only on public health and social well-being) and the SIHLWA coordinating chair was asked to attend in expert capacity for NCD prevention and what SIHLWA is doing].

#### **SIHLWA terminology in NDP-area languages**

**SIHLWA EG has agreed to use the following terminology (in process of being edited prepared in all NDP languages)**

##### **English:**

NDPHS: NORTHERN DIMENSION PARTNERSHIP IN HEALTH AND SOCIAL WELLBEING

SIHLWA: Expert Group on Social Inclusion, Healthy Lifestyles and Work Ability

##### **Russian**

NDPHS: ПАРТНЕРСТВО СЕВЕРНОГО ИЗМЕРЕНИЯ В СФЕРЕ ОБЩЕСТВЕННОГО ЗДОРОВЬЯ И СОЦИАЛЬНОГО БЛАГОСОСТОЯНИЯ

[PARTNERSTVO SEVERNOGO IZMERENIYA V SFERE OBSHESTVENNOGO ZDAROVYA I SOTSIALNOGO BLAGOSOSTOYANIYA]

SIHLWA: Экспертная группа социальной включенности, здоровый образ жизни и трудоспособности [ekspertnaya gruppya sotsialnoi vkluchennosti, zdorovyi obraz zhizni i trudospobnosti]

Danish: [not yet formulated]

NDPHS:

SIHLWA:

Estonian: [not yet formulated]

NDPHS:

SIHLWA:

##### **Finnish:**

NDPHS: POHJOISEN ULOTTUVUUDEN SOSIAALI- JA TERVEYSALAN KUMPPANUUS

SIHLWA: Asiantuntijaryhmä sosiaalinen osallisuus, terveet elintavat ja työkyky

French: [not yet formulated]

NDPHS:

SIHLWA:

##### **German:**

NDPHS: PARTNERSCHAFT DER NÖRDLICHEN DIMENSION FÜR GESUNDHEIT UND SOZIALES WOHLBEFINDEN

SIHLWA: Sachverständigergruppe für soziale Eingliederung, gesunde Lebensführung und Arbeitsfähigkeit

**Icelandic:** [not yet formulated]

**NDPHS:**

**SIHLWA:**

**Latvian:**

NDPHS: ZIEMEĻU DIMENSIJAS SABIEDRĪBAS VESELĪBAS UN SOCIĀLĀS LABKLĀJĪBAS PARTNERĪBA

SIHLWA: Sociālā iekļaušana, veselīgs dzīvesveids un darba iespējas

**Lithuanian:**

NDPHS: ŠIAURĖS MATMENS PARTNERYSTĖ VISUOMENĖS SVEIKATOS IR SOCIALINĖS GEROVĖS SRITYJE

SIHLWA: Ekspertų grupė: Socialines itraukties, sveikos gyvenamos ir darbingumo

**Norwegian:**

NDPHS: NORDLIG DIMENSJON PARTNERSKAP FOR HELSE OG LIVSKVALITET

**SIHLWA:**missing

**Polish:**

NDPHS: PARTNERSTWO PÓŁNOCNEGO WYMIARU W ZAKRESIE ZDROWIA PUBLICZNEGO I SPRAW SPOŁECZNYCH

**SIHLWA:** [not yet formulated]

**Swedish:**

NDPHS: PARTNERSKAPET OM HÄLSA OCH SOCIALT VÄLBEFINNANDE INOM NORDLIGA DIMENSIONEN.

SIHLWA: Expertgrupp på social delaktighet, hälsosam livsstil och arbetsförmåga

## **2007 SIHLWA members' individual activities and accomplishments at home-front<sup>16</sup>**

### **I. ADO sub-group**

#### **Isi Saame**

**Estonia:** Chief Specialist, Public Health Department, Ministry of Social Affairs of Estonia

1. Related to the drug prevention issue Estonia has been active in UNODC, Pompidou Group and EMCDDA collaboration activities.
2. The "children at risk" -topic is covered by the Social Welfare Department in the Ministry of Social Affairs of Estonia through the collaboration in the Council of Baltic Sea States (CBSS) Working Group on Children at Risk (WGCR) for long years. From July 2007 to June 2008 Estonia has the chairmanship in this working group. There are different programmes running under this working group like 1) prevention of child abuse; 2) child trafficking and unaccompanied children; 3) children in care or in institutions; 4) children and internet, etc.. In this working group in 2006-2007 specialists from 10 countries (incl. 5 from Estonia) had 2-days workshops under the programme for child trafficking prevention. The analysis of the support systems for trafficked children in Baltic Sea States is currently under development. Results will be available in 2008. Analyses project about the support systems for children after leaving the institution (incl. disabled children) is also planned.

#### **Lithuania:**

##### **Daiva Zeromskiene,**

Head of Children's Environmental Health Division, State Environmental Health Center

1. Participated in working group for preparation WHO report on "Home accidents in children and home safety regulations in Lithuania: status quo";
2. Made study on "Analysis of Public health specialists action in school";
3. Prepared report on "Implementation of Children's Environment and Health Action Plan for Europe (CEHAPE) in the Republic of Lithuania (2004-2006)";
4. Participated in working group for preparation draft on "National Children Health Promotion Programme";
5. Preparation of Regulations (Lithuanian Hygiene Standard ) for internet cafe.

#### **NHV (Sweden)/ NCM:**

##### **Max Petzold, Senior Lecturer,**

Nordic Council of Ministers/ Nordic School of Public Health

1. Organized advanced course "Migration and health with focus on children";
2. Organized research course "Refugee ship, migration and health";
3. Second scientific conference on apathetic children;
4. Dissertation by Hildegunn Sagvaag. Work-related use of alcohol – a qualitative study in the Science of Public Health perspective;

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<sup>16</sup> The SIHLWA EG members were received the 2007 Progress report draft for comments. In this connection they were all asked to list "In their native countries in their official position/work in 2007, in what activities they had been involved with and accomplishments they had achieved in the field they have been representing their country in SIHLWA and its sub-groups". 5 responses were received. They are referenced in ANNEX 2.

5. Organized research course "Refugee ship, migration and health";
6. Organized conference on Adolescent Health.

## **II. ALC sub-group**

### **Russian Federation:**

**Evgeny Krupitsky**, St. Petersburg Pavlov State Medical University and St. Petersburg Bekhterev Research Psychoneurological Institute.

1. Study of new alcohol detoxification strategies and demonstrated the use of antiglutamatergic anticonvulsants effective (research findings were presented at the International Society of Biomedical Research on Alcoholism and published in the journal of "Alcoholism: Clinical and Experimental Research";
2. Study on the effect of behavioural intervention to reduce HIV-risky behaviour in detoxified alcoholics. Publication of results is in preparation.

### **Sweden:**

**Sven Andreassén** and **Pi Högberg**, National Public Health Institute (Folkhälsoinstitutet),

1. Attendance and active discussion partner in all SIHLWA EG meetings and alcohol subgroup meetings held during 2007 and reporting back to relevant persons in our organisation as well as external networks.
2. Swedish sponsorship, active attendance and presentation of the Swedish nation-wide dissemination of the "Responsible Beverage Service" model.
3. Presentation of the Swedish work on the PHEPA project on screening and brief intervention for alcohol problems in primary health care at the Riga International Conference on "Reducing alcohol problems in the Baltic Sea region: Effective approaches to tackle alcohol related problems in local communities", held in Riga, Latvia, 12-13 March 2007. The event was organized under the auspices of Swedish chairmanship of the Council of Baltic Sea States (CBSS), sponsored by the Ministry of Health of Sweden, co-sponsored by the Northern Dimension Partnership in Public Health and Social Wellbeing (NDPHS)/ SIHLWA and organized in cooperation with the Ministry of Health of Latvia.
4. Active attendance and presentation at the pre- ministerial Annual Conference seminar on "Healthy work - Healthy life" in Vilnius, Lithuania, 15 November 2007. This seminar was a pre-conference Forum of the NDPHS Partnership Annual Conference (PAC), which was attended by many Nordic and other ministers. Short reference to the impact of alcohol on work and working aged population in general, and a working place screening and brief intervention project was presented.

## **III. OSH sub-group**

[responses were not received]



**NDPHS/ SIHLWA members in 2007****Expert Group on Social Inclusion,  
Healthy Lifestyles & Working Ability**

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END OF ANNEXES